

8:00 AM	Event #1	U16 Men K1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Santino Rostek	MA	
	3	Eugene Legge	CH	
	4	Rylan Carrigan	PI	
	5	Ethan Firth	OR	
	6	Andrew Hall	CH	
	7	Ibrahim Rassi	SA	
	8	Braden Reinhardt	OR	
	9			
		Top 6 in each heat to semi-final		
8:06 AM	Event #2	U16 Men K1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1	Roman Sabinski	MM	
	2	Tate Levy	CH	
	3	Walton Craig	SE	
	4	Nevo Harel	CH	
	5	Braden Lawrence	MA	
	6	Kaden Hope	PI	
	7	Sam Allison	CH	
	8	Deigo Ramos	MM	
	9			
		Top 6 in each heat to semi-final		
8:12 AM	Event #3	U16 Men K1	1000m	Heat #3
Place	Lane	Name	Club	Time
	1	Aden MacDonald	PI	
	2	Luc Campbell	MA	
	3	Jack Briand	MA	
	4	Kai Tobin	SE	
	5	Nathan Leger	CH	
	6	Hayden Dill	PI	
	7	Morgan Whyte	SA	
	8	Devin Munro	SA	
	9			
		Top 6 in each heat to semi-final		
8:18 AM	Event #4	U16 Men K1	1000m	Heat #4
Place	Lane	Name	Club	Time
	1	Xander Woodward	PI	
	2	Gavin Peddle	OR	
	3	Ewen Whyte	MA	
	4	Nicholas Albert	CH	
	5	Nicholas LaPierre	MM	
	6	Jackson St-Hilaire	OR	
	7	Garrison Woodford	SE	
	8	Adam Rizwan	SA	
	9			
		Top 6 in each heat to semi-final		

8:24 AM	Event #5	U16 Men K1	1000m	Heat #5
Place	Lane	Name	Club	Time
	1			
	2	Bo Lowery	OR	
	3	Ryan Latta	OR	
	4	Owen Macdonald	MA	
	5	Aidan Ferguson	SE	
	6	Conrad Hoogerboord	CH	
	7	Gavin Clarke	MA	
	8	Simon Daigle	MM	
	9			
		Top 6 in each heat to semi-final		
8:30 AM	Event #6	U16 Men K1	1000m	Heat #6
Place	Lane	Name	Club	Time
	1	Zachary D'Amour	BA	
	2	Alastair Land	MA	
	3	Ben Jones	CH	
	4	Carter Naugler	PI	
	5	Leif Mitchell	BA	
	6	William Kooyman	CH	
	7	William Jennings	MA	
	8	Yonatan Ginovker	MA	
	9			
		Top 6 in each heat to semi-final		
8:36 AM	Event #7	U16 Women K1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Josephine Hoegg-Chapman	PI	
	3	Claire Tolson	CH	
	4	Maura Macumber	MA	
	5	Brianna Smith	MA	
	6	Zahra Celikkanat	MA	
	7	Fiona Day	CH	
	8	Sierra Kelly	PI	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		
8:42 AM	Event #8	U16 Women K1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Heidi Brown	CH	
	3	Claire Casey	MA	
	4	Jenna Wile	MA	
	5	Ivy Murphy	BA	
	6	Kyanna Hope	PI	
	7	Sarah Johnson	BA	
	8	Addison Hilden	PI	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		

8:48 AM	Event #9	U16 Women K1	1000m	Heat #3
Place	Lane	Name	Club	Time
	1			
	2	Claire Naugler	PI	
	3	Kiara LeVasseur	CH	
	4	Myah Cacao Ewing	MA	
	5	Mia Giles	MA	
	6	Ella Taylor	CH	
	7	Sophia Kerr	CH	
	8	Kyra Hector	KE	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		
8:54 AM	Event #10	U16 Women K1	1000m	Heat #4
Place	Lane	Name	Club	Time
	1	Gabby Rolfe	PI	
	2	Ava Woodman	PI	
	3	Charlotte Hilton	CH	
	4	Mya Cowper	SE	
	5	Shane Macmillan	CH	
	6	Amelia Frank	PI	
	7	Carley Frizzle	CH	
	8	Elizabeth Eisner	PI	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		
9:00 AM	Event #11	U16 Women K1	1000m	Heat #5
Place	Lane	Name	Club	Time
	1	Bianca Batten	AB	
	2	Sarah Leger	CH	
	3	Melayna James	MM	
	4	Sara Gardin	MA	
	5	Abigail Page	SE	
	6	Megan Gallahue	CH	
	7	Ella Yunace	MM	
	8	Josie Duffy	CH	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		
9:06 AM	Event #12	U16 Men C1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1	Matthew MacDonald	SA	
	2	Max Lundrigan	MA	
	3	Alexander Macneil	MA	
	4	Daniel Pike	MM	
	5	Ethan Page	SE	
	6	Duncan Giles	SE	
	7	Thomas Tran	MA	
	8	Joshua Fraser	MA	
	9	Tyler Lane	SE	
		1-3 to Final A, 4-7 + next best overall time to semi, rest to Final B		

9:12 AM	Event #13	U16 Men C1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1	Jack MacNeil	SA	
	2	Ty Sutton	MM	
	3	Brendan Canning	BA	
	4	Alex Neaves	MA	
	5	Aidan Martell	MA	
	6	Ryan Chouinard	MM	
	7	Evan Thom	SE	
	8	Morgan Wach	OR	
	9	Liam O'Neill	SA	
		1-3 to Final A, 4-7 + next best overall time to semi, rest to Final B		
9:18 AM	Event #14	U16 Women C1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Rachel Smith	BA	
	3	Katie MacMillan	MM	
	4	Ella Adams	MM	
	5	Amelia Smith	MA	
	6	Mia Fabrizi	CH	
	7	Emma Yule	SA	
	8	Emma Browne	CH	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:24 AM	Event #15	U16 Women C1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2			
	3	Jenna Lamontagne	SA	
	4	Elle MacKenzie	CH	
	5	Jayden Kendziora	MA	
	6	Ella Cozens	CH	
	7	Abigail Campbell	SA	
	8	Lucy Van Berkel	MM	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:30 AM	Event #16	U16 Women C1	1000m	Heat #3
Place	Lane	Name	Club	Time
	1			
	2	Aleah Lane	MM	
	3	Sienna Jones	CH	
	4	Victoria Tran	MA	
	5	Faith Anderson	BA	
	6	Olivia Harrison	BA	
	7	Clara Whyte-wood	SA	
	8	Edie Schroeder	BA	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		

9:36 AM	Event #17	U18 Men K1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1	Eric Batten (U17)	AB	
	2	Cameron Brown	SA	
	3	Sam Amirault (U17)	CH	
	4	Keaton Brown	CH	
	5	Ian Gaudet	BA	
	6	Carson Leslie	MM	
	7	Nate Davies (U17)	MM	
	8	Riley Winchester (U17)	KE	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:42 AM	Event #18	U18 Men K1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1	Elliott Thrush	MM	
	2	Samuel D'Amour (U17)	SE	
	3	Callum Wheatley	CH	
	4	Robert Walsh	SE	
	5	Craig Johnson	SE	
	6	Eli Nowlan (U17)	SE	
	7	Rowan Gray	SA	
	8	Luke Lee (U17)	MA	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:48 AM	Event #19	U18 Men K1	1000m	Heat #3
Place	Lane	Name	Club	Time
	1	Austin Galliot (U17)	OR	
	2	Devin Joy (U17)	MM	
	3	Benjamin Carew (U17)	SE	
	4	Alex Erith-Ellwood (U17)	SE	
	5	Cole Parsons	BA	
	6	David LeBlanc (U17)	SE	
	7	Evan Ring (U17)	BA	
	8	Jonathan Magee	KE	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:54 AM	Event #20	Open Men K1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1	Jason Cross	MM	
	2	Tanner MacDonald	OR	
	3	James Erith-Ellwood	OR	
	4	Daniel Clattenburg	MM	
	5	Mitchell Barran	EXH	
	6	Paul LaPierre	MM	
	7	Matthew Audas	CH	
	8	Caleb Gray	SA	
	9			
		1-3 to Final A, 4-7 + Next best time to semi final, rest to Final B		

10:00 AM	Event #21	Open Men K1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1	Sean Gibson	MM	
	2	Matthew Pyle	BA	
	3	Xavier LeVasseur	CH	
	4	Alex Canning	BA	
	5	Jacob Steele	MA	
	6	Jack Hall	BA	
	7	Liam Ring	BA	
	8	Adam Scott	MM	
	9	Austin Cleveland	SA	
		1-3 to Final A, 4-7 + Next best time to semi final, rest to Final B		
10:10 AM	Event #22	Open Women K1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2			
	3	Emily Munroe	BA	
	4	Anna Negulic	MA	
	5	Natalie Davison	EXH	
	6	Alexa Irvin	MA	
	7	Jessica Hogg	SE	
	8			
	9			
		1-3 to Final A, rest to semi-final		
10:16 AM	Event #23	Open Women K1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Lilly MacPherson	SA	
	3	Anna O'Brien	SE	
	4	Riley Melanson	CH	
	5	Grace Whebby	MM	
	6	Lily Baert	SE	
	7	Olivia Denman	MM	
	8			
	9			
		1-3 to Final A, rest to semi-final		
Lunch Break				
11:46 AM	Event #24	U16 Men K1	1000m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		Top 2 + next best overall time to Final A, 3x3rd + 4x4th + top 2x5th		

to Final B, 2x5th + 4x6th + top 3x7th to Final C, rest to Final D				
11:52 AM	Event #25	U16 Men K1	1000m	Semi #2
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
Top 2 + next best overall time to Final A, 3x3rd + 4x4th + top 2x5th to Final B, 2x5th + 4x6th + top 3x7th to Final C, rest to Final D				
11:58 AM	Event #26	U16 Men K1	1000m	Semi #3
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
Top 2 + next best overall time to Final A, 3x3rd + 4x4th + top 2x5th to Final B, 2x5th + 4x6th + top 3x7th to Final C, rest to Final D				
12:04 PM	Event #27	U16 Men K1	1000m	Semi #4
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
Top 2 + next best overall time to Final A, 3x3rd + 4x4th + top 2x5th to Final B, 2x5th + 4x6th + top 3x7th to Final C, rest to Final D				
12:10 PM	Event #28	U16 Women K1	1000m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
1-3 to Final A, 4-6 to Final B, 7-9 to Final C				

12:16 PM	Event #29	U16 Women K1	1000m	Semi #2
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-6 to Final B, 7-9 to Final C		
12:22 PM	Event #30	U16 Women K1	1000m	Semi #3
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-6 to Final B, 7-9 to Final C		
12:28 PM	Event #31	U16 Men C1	1000m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, rest to Final B		
12:34 PM	Event #32	U16 Women C1	1000m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-7+ next best time to Final B, rest to Final C		

12:40 PM	Event #33	U16 Women C1	1000m	Semi #2
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-7+ next best time to Final B, rest to Final C		
12:46 PM	Event #34	U18 Men K1	1000m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-7+ next best time to Final B, rest to Final C		
12:52 PM	Event #35	U18 Men K1	1000m	Semi #2
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-7+ next best time to Final B, rest to Final C		
12:58 PM	Event #36	Open Men K1	1000m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, rest to Final B		

1:04 PM	Event #37	Open Women K1	1000m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
	1-3 to Final A, rest out			
lunch Break				
2:34 PM	Event #38	U16 Men K1	1000m	Final D
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:40 PM	Event #39	U16 Men K1	1000m	Final C
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:46 PM	Event #40	U16 Men K1	1000m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

2:52 PM	Event #41	U16 Men K1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:58 PM	Event #42	U16 Women K1	1000m	Final C
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
3:04 PM	Event #43	U16 Women K1	1000m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
3:10 PM	Event #44	U16 Women K1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

3:16 PM	Event #45	U16 Men C1	1000m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
3:22 PM	Event #46	U16 Men C1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
3:28 PM	Event #47	U16 Women C1	1000m	Final C
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
3:34 PM	Event #48	U16 Women C1	1000m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

3:40 PM	Event #49	U16 Women C1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
3:46 PM	Event #50	U18 Men K1	1000m	Final C
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
3:52 PM	Event #51	U18 Men K1	1000m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
3:58 PM	Event #52	U18 Men K1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

4:04 PM	Event #53	U18 Women K1	1000m	Final A
Place	Lane	Name	Club	Time
	1	Carly James (U17)	OR	
	2	Livia Nauss (U17)	SE	
	3	Emily Parsons	BA	
	4	Molly Rusinak-Short (U17)	SE	
	5	Raine Myers (U17)	BA	
	6	Fiona O'Donnell (U17)	SE	
	7	Sophie Bouvette	BA	
	8	Georgia Tousignant (U17)	MM	
	9			
4:10 PM	Event #54	U18 Men C1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2	Zachary Wincey (U17)	MA	
	3	Seamus Cote-Moss (U17)	MA	
	4	Eric Chouinard (U17)	MM	
	5	Matthew Zinck (U17)	SE	
	6	Jai Paliwal (U17)	SE	
	7	Matthew Koch	MA	
	8	Austin Galliot (U17)	OR	
	9			
4:16 PM	Event #55	U18 Women C1	1000m	Final A
Place	Lane	Name	Club	Time
	1	Bailey Gray	CH	
	2	Jacqueline Moore (U17)	SE	
	3	Aja Deeble (U17)	MM	
	4	Jacy Grant	CH	
	5	Ava Carew	SE	
	6	Geneva Bond	MA	
	7	Sarah Neville (U17)	MM	
	8	Miranda James (U17)	MM	
	9	Juliette Gunn (U17)	BA	
4:22 PM	Event #56	Open Men K1	1000m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

4:28 PM	Event #57	Open Men K1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
4:38 PM	Event #58	Open Women K1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
4:44 PM	Event #59	Open Men C1	1000m	Final A
Place	Lane	Name	Club	Time
	1	Nikolas Koch	MA	
	2	Nick Baert	SE	
	3	Tyler Laidlaw	SA	
	4	Andrew Billard	MA	
	5	Craig Spence	CH	
	6	Bret Himmelman	MA	
	7	Mark James	SE	
	8	Mason Koch	MA	
	9			
4:50 PM	Event #60	Open Women C1	1000m	Final A
Place	Lane	Name	Club	Time
	1			
	2	Enya Pouliot	SA	
	3	Olivia Fogarty	SA	
	4	Marlee MacIntosh	MA	
	5	Sophia Jensen	EXH	
	6	Jessica MacKay	MA	
	7	Maeve LeBlanc	SE	
	8			
	9			