

8:00 AM	Event #122	U16 Men K1	200m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Tate Levy	CH	
	3	Jack Briand	MA	
	4	Carter Naugler	PI	
	5	Braden Lawrence	MA	
	6	Nevo Harel	CH	
	7	Nicholas Albert	CH	
	8			
	9			
		Top 6 in each heat to semi-final		
8:04 AM	Event #123	U16 Men K1	200m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Alastair Land	MA	
	3	Ben Jones	CH	
	4	Rylan Carrigan	PI	
	5	Ethan Firth	OR	
	6	Kaden Hope	PI	
	7	Deigo Ramos	MM	
	8	Adam Rizwan	SA	
	9			
		Top 6 in each heat to semi-final		
8:08 AM	Event #124	U16 Men K1	200m	Heat #3
Place	Lane	Name	Club	Time
	1	Roman Sabinski	MM	
	2	Hayden Dill	PI	
	3	Garrison Woodford	SE	
	4	Kai Tobin	SE	
	5	Nathan Leger	CH	
	6	Gavin Clarke	MA	
	7	conrad hoogerboord	CH	
	8	Simon Daigle	MM	
	9			
		Top 6 in each heat to semi-final		
8:12 AM	Event #125	U16 Men K1	200m	Heat #4
Place	Lane	Name	Club	Time
	1	Bo Lowery	OR	
	2	Ewen Whyte	MA	
	3	Morgan Whytewood	SA	
	4	Nicholas LaPierre	MM	
	5	Andrew Hall	CH	
	6	Ryan Latta	OR	
	7	Walton Craig	SE	
	8	Yonatan Ginovker	MA	
	9			
		Top 6 in each heat to semi-final		

8:16 AM	Event #126	U16 Men K1	200m	Heat #5
Place	Lane	Name	Club	Time
	1	Zachary D'Amour	BA	
	2	Luc Campbell	MA	
	3	Braden Reinhardt	OR	
	4	Leif Mitchell	BA	
	5	Sam Allison	CH	
	6	Owen Macdonald	MA	
	7	Eugene Legge	CH	
	8	Santino Rostek	MA	
	9			
		Top 6 in each heat to semi-final		
8:20 AM	Event #127	U16 Men K1	200m	Heat #6
Place	Lane	Name	Club	Time
	1	Gavin Peddle	OR	
	2	Ibrahim Rassi	SA	
	3	Adam Macdonald	MA	
	4	Jackson St-Hilaire	OR	
	5	Aidan Ferguson	SE	
	6	William Kooyman	CH	
	7	William Jennings	MA	
	8	Xander Woodward	PI	
	9			
		Top 6 in each heat to semi-final		
8:24 AM	Event #128	U16 Women K1	200m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Gabby Rolfe	PI	
	3	Melayna James	MM	
	4	Fiona Day	CH	
	5	Ivy Murphy	BA	
	6	Zahra Celikkanat	MA	
	7	Claire Naugler	PI	
	8	Josie Duffy	CH	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		
8:28 AM	Event #129	U16 Women K1	200m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Heidi Brown	CH	
	3	Sarah Johnson	BA	
	4	Myah Cacao Ewing	MA	
	5	Mia Giles	MA	
	6	Shane Macmillan	CH	
	7	Ella Yunace	MM	
	8	Sophia Kerr	CH	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		

8:32 AM	Event #130	U16 Women K1	200m	Heat #3
Place	Lane	Name	Club	Time
	1			
	2	Kiara LeVasseur	CH	
	3	Amelia Frank	PI	
	4	Ella Taylor	CH	
	5	Brianna Smith	MA	
	6	Jenna Wile	MA	
	7	Charlotte Hilton	CH	
	8	Elizabeth Eisner	PI	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		
8:36 AM	Event #131	U16 Women K1	200m	Heat #4
Place	Lane	Name	Club	Time
	1	Addison Hilden	PI	
	2	Bianca Batten	AB	
	3	Claire Tolson	CH	
	4	Sara Gardin	MA	
	5	Mya Cowper	SE	
	6	Kyanna Hope	PI	
	7			
	8	Josephine Hoegg-Chapman	PI	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		
8:40 AM	Event #132	U16 Women K1	200m	Heat #5
Place	Lane	Name	Club	Time
	1	Sarah Leger	CH	
	2	Claire Casey	MA	
	3	Sierra Kelly	PI	
	4	Abigail Page	SE	
	5	Maura Macumber	MA	
	6	Megan Gallahue	CH	
	7	Ava Woodman	PI	
	8	Kyra Hector	KE	
	9			
		Top 5 in each heat + 3 next best overall times to semi-finals		
8:44 AM	Event #133	U16 Men C1	200m	Heat #1
Place	Lane	Name	Club	Time
	1	Matthew MacDonald	SA	
	2	Max Lundrigan	MA	
	3	Ryan Chouinard	MM	
	4	Evan Thom	SE	
	5	Aidan Martell	MA	
	6	Brendan Canning	BA	
	7	Alexander Macneil	MA	
	8	Jack MacNeil	SA	
	9	Tyler Lane	SE	
		1-3 to Final A, 4-7 + next best overall time to semi, rest to Final B		

8:48 AM	Event #134	U16 Men C1	200m	Heat #2
Place	Lane	Name	Club	Time
	1	Joshua Fraser	MA	
	2	Ty Sutton	MM	
	3	Thomas Tran	MA	
	4	Duncan Giles	SE	
	5	Daniel Pike	MM	
	6	Ethan Page	SE	
	7	Alex Neaves	MA	
	8	Morgan Wach	OR	
	9	Liam O'Neill	SA	
		1-3 to Final A, 4-7 + next best overall time to semi, rest to Final B		
8:52 AM	Event #135	U16 Women C1	200m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Clara Whyte	SA	
	3			
	4	Rylee MacKinnon	MA	
	5	Jayden Kendziora	MA	
	6	Victoria Tran	MA	
	7	Rachel Smith	BA	
	8	Jenna Lamontagne	SA	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
8:56 AM	Event #136	U16 Women C1	200m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Aleah Lane	MM	
	3			
	4	Elle MacKenzie	CH	
	5	Amelia Smith	MA	
	6	Mia Fabrizi	CH	
	7	Edie Schroeder	BA	
	8	Emma Browne	CH	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:00 AM	Event #137	U16 Women C1	200m	Heat #3
Place	Lane	Name	Club	Time
	1			
	2	Emma Yule	SA	
	3	Katie MacMillan	MM	
	4	Faith Anderson	BA	
	5	Ella Adams	MM	
	6	Abigail Campbell	SA	
	7	Ella Cozens	CH	
	8	Lucy Van Berkel	MM	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		

9:04 AM	Event #138	U18 Men K1	200m	Heat #1
Place	Lane	Name	Club	Time
	1	Eric Batten (U17)	AB	
	2	Samuel D'Amour (U17)	SE	
	3	Benjamin Carew (U17)	SE	
	4	Keaton Brown	CH	
	5	Craig Johnson	SE	
	6	Rowan Gray	SA	
	7	Robert Walsh	SE	
	8	Evan Ring (U17)	BA	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:08 AM	Event #139	U18 Men K1	200m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Riley Winchester (U17)	KE	
	3	Callum Wheatley	CH	
	4	Cole Parsons	BA	
	5	Ian Gaudet	BA	
	6	Eli NOWLAN (U17)	SE	
	7	Cameron Brown	SA	
	8	Jonathan Magee	KE	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:12 AM	Event #140	U18 Men K1	200m	Heat #3
Place	Lane	Name	Club	Time
	1	Elliott Thrush	MM	
	2	Nate Davies (U17)	MM	
	3	Sam Amirault (U17)	CH	
	4	Devin Joy (U17)	MM	
	5	Carson Leslie	MM	
	6	Alex Erith-Ellwood (U17)	SE	
	7	David LeBlanc (U17)	SE	
	8	Luke Lee (U17)	MA	
	9			
		1st to Final A, 2-7 to semi-finals, rest to Final C		
9:16 AM	Event #141	Open Men K1	200m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Adam Scott	MM	
	3	Caleb Gray	SA	
	4	Jack Hall	BA	
	5	Paul LaPierre	MM	
	6	Matthew Pyle	BA	
	7			
	8	Austin Cleveland	SA	
	9			
		1-3 to Final A, rest to semi-final		

9:20 AM	Event #142	Open Men K1	200m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Tanner MacDonald	OR	
	3	James Erith-Ellwood	SE	
	4	Xavier LeVasseur	CH	
	5	Alex Canning	BA	
	6	Liam Ring	BA	
	7	Matthew Audas	CH	
	8			
	9			
		1-3 to Final A, rest to semi-final		
9:24 AM	Event #143	Open Women K1	200m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Olivia Denman	MM	
	3	Lily Baert	SE	
	4	Riley MELANSON	CH	
	5			
	6	Anna O'Brien	SE	
	7	Emily Munroe	BA	
	8			
	9			
		1-3 to Final A, rest to semi-final		
9:28 AM	Event #144	Open Women K1	200m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Carys McMurray	BA	
	3	Lucy MacLeod	MM	
	4	Anna Negulic	MA	
	5	Natalie Davison	EXH	
	6	Alexa Irvin	MA	
	7	Jessica Hogg	SE	
	8	Lilly MacPherson	SA	
	9			
		1-3 to Final A, rest to semi-final		
lunch break				
10:58 AM	Event #145	U16 Men K1	200m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		Top 2 + next best overall time to Final A, 3x3rd + 4x4th + top 2x5th to Final B, 2x5th + 4x6th + top 3x7th to Final C, rest to Final D		

11:02 AM	Event #146	U16 Men K1	200m	Semi #2
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		Top 2 + next best overall time to Final A, 3x3rd + 4x4th + top 2x5th to Final B, 2x5th + 4x6th + top 3x7th to Final C, rest to Final D		
11:06 AM	Event #147	U16 Men K1	200m	Semi #3
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		Top 2 + next best overall time to Final A, 3x3rd + 4x4th + top 2x5th to Final B, 2x5th + 4x6th + top 3x7th to Final C, rest to Final D		
11:10 AM	Event #148	U16 Men K1	200m	Semi #4
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		Top 2 + next best overall time to Final A, 3x3rd + 4x4th + top 2x5th to Final B, 2x5th + 4x6th + top 3x7th to Final C, rest to Final D		
11:14 AM	Event #149	U16 Women K1	200m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-6 to Final B, 7-9 to Final C		

11:18 AM	Event #150	U16 Women K1	200m	Semi #2
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-6 to Final B, 7-9 to Final C		
11:22 AM	Event #151	U16 Women K1	200m	Semi #3
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-6 to Final B, 7-9 to Final C		
11:26 AM	Event #152	U16 Men C1	200m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, rest to Final B		
11:30 AM	Event #153	U16 Women C1	200m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-7+ next best time to Final B, rest to Final C		

11:34 AM	Event #154	U16 Women C1	200m	Semi #2
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-7+ next best time to Final B, rest to Final C		
11:38 AM	Event #155	U18 Men K1	200m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-7+ next best time to Final B, rest to Final C		
11:42 AM	Event #156	U18 Men K1	200m	Semi #2
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, 4-7+ next best time to Final B, rest to Final C		
11:46 AM	Event #157	Open Men K1	200m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, rest to Final B		

11:50 AM	Event #158	Open Women K1	200m	Semi #1
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
		1-3 to Final A, rest to Final B		
lunch break				
1:20 PM	Event #159	U16 Men K1	200m	Final D
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
1:24 PM	Event #160	U16 Men K1	200m	Final C
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
1:28 PM	Event #161	U16 Men K1	200m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

1:32 PM	Event #162	U16 Men K1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
1:36 PM	Event #163	U16 Women K1	200m	Final C
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
1:40 PM	Event #164	U16 Women K1	200m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
1:44 PM	Event #165	U16 Women K1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

1:48 PM	Event #166	U16 Men C1	200m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
1:52 PM	Event #167	U16 Men C1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
1:56 PM	Event #168	U16 Women C1	200m	Final C
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:00 PM	Event #169	U16 Women C1	200m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

2:04 PM	Event #170	U16 Women C1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:08 PM	Event #171	U18 Men K1	200m	Final C
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:12 PM	Event #172	U18 Men K1	200m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:16 PM	Event #173	U18 Men K1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

Time	Event #	Event Name	Distance	Final
2:20 PM	Event #174	U18 Women K1	200m	Final A
Place	Lane	Name	Club	Time
	1	Carly James (U17)	OR	
	2	Livia Nauss (U17)	SE	
	3	Sophie Bouvette	BA	
	4	Molly Rusinak-Short (U17)	SE	
	5	Emily Parsons	BA	
	6	Raine Myers (U17)	BA	
	7	Fiona O'Donnell (U17)	SE	
	8	Georgia Tousignant (U17)	MM	
	9			
2:24 PM	Event #175	U18 Men C1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2	Zachary Wincey (U17)	MA	
	3	Matthew Koch	MA	
	4	Eric Chouinard (U17)	MM	
	5	Jai Paliwal (U17)	SE	
	6	Matthew Zinck (U17)	SE	
	7	Seamus Cote-Moss (U17)	MA	
	8	Austin Gallott (U17)	OR	
	9			
2:28 PM	Event #176	U18 Women C1	200m	Final A
Place	Lane	Name	Club	Time
	0	Riley Gray	CH	
	1	Miranda James (U17)	MM	
	2	Sarah Neville (U17)	MM	
	3	Jacy Grant	CH	
	4	Geneva Bond	MA	
	5	Kavita Thomas	MA	
	6	Ava Carew	SE	
	7	Aja Deeble (U17)	MM	
	8	Jacqueline Moore (U17)	SE	
	9	Juliette Gunn (U17)	BA	
2:32 PM	Event #177	Open Men K1	200m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			

2:36 PM	Event #178	Open Men K1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:40 PM	Event #179	Open Women K1	200m	Final B
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:44 PM	Event #180	Open Women K1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2			
	3			
	4			
	5			
	6			
	7			
	8			
	9			
2:48 PM	Event #181	Open Men C1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2	Mason Koch	MA	
	3	Mark James	SE	
	4	Craig Spence	CH	
	5	Tyler Laidlaw	SA	
	6	Connor McGregor	MM	
	7	Nick Baert	SE	
	8			
	9			

2:52 PM	Event #182	Open Women C1	200m	Final A
Place	Lane	Name	Club	Time
	1			
	2	Enya Pouliot	SA	
	3	Jessica MacKay	MA	
	4	Sloan MacKenzie	CH	
	5	Sophia Jensen	EXH	
	6	Marlee MacIntosh	MA	
	7	Maeve LeBlanc	SE	
	8			
	9			