

2020 ADCKC Fitness #3				Verticle Jump		Sled Pull		Flex Arm Hang		Plank		Push Up		Beep Test (Score)		Total Score
Name	Club	Age	Gender	(in)	%	(sec)	%	(sec)	%	(sec)	%		%		%	
Enya Pouliot	SA	U18	F	21.2	100%	10.10	72%	41.01	74%	5.00	100%	52	100%	9	76%	86.92
Lily Baert	SE	U18	F	17.9	84%	11.80	62%	42.44	77%	5.00	100%	41	79%	11.9	100%	83.56
Ava Carew	SE	U16	F	18.5	87%	9.42	77%	55.42	100%	2.49	50%	50	96%	9.4	79%	81.55
Livia Nauss	SE	U16	F	19.6	92%	8.38	87%	29.66	54%	3.25	65%	28	54%	10.2	86%	72.86
Hali Wile	PI	U16	F	17.6	83%	7.26	100%	50.00	90%	1.58	32%	22	42%	9.7	82%	71.44
Olivia Fogarty	SA	U16	F	16.4	77%	8.31	87%	34.64	63%	2.37	47%	28	54%	11.0	92%	70.15
Emily MacPherson	SA	U16	F	17.0	80%	10.49	69%	37.72	68%	5.00	100%	23	44%	6.2	52%	68.97
Anna O'Brien	SE	U18	F	18.7	88%	10.15	72%	34.54	62%	2.13	43%	30	58%	10.1	85%	67.87
Mya Cowper	SE	U14	F	18.8	89%	12.00	61%	34.96	63%	2.1	42%	32	62%	9.1	76%	65.38
Maura Macumber	PI	U12	F	18.0	85%	11.58	63%	27.4	49%	2.4	48%	34	65%	8.7	73%	63.92
Jacqueline Moore	SE	U16	F	18.1	85%	10.95	66%	17.43	31%	1.32	26%	49	94%	8.6	72%	62.67
Amelia Frank	PI	U12	F	18.3	86%	12.87	56%	9.92	18%	5.00	100%	18	35%	6.6	55%	58.45
Gabby Rolfe	PI	U12	F	14.9	70%	15.14	48%	13.94	25%	5.00	100%	21	40%	6.4	54%	56.26
Erika Walsh	SE	U12	F	16.9	80%	10.70	68%	0.80	1%	3.07	61%	27	52%	8	67%	54.93
Lilly MacPherson	SA	U18	F	18	85%	10.00	73%	29.35	53%	1.14	23%	25	48%	5.6	47%	54.73
Abby Campbell	SA	U14	F	15.3	72%	10.40	70%	16.71	30%	1.29	26%	20	38%	8.0	67%	50.60
Emma Yule	SA	U14	F	17.5	83%	7.78	93%	15.01	27%	0.52	10%	18	35%	5.7	48%	49.31
Katie MacMillan	SA	U14	F	14.0	66%	8.41	86%	9.37	17%	2.19	44%	11	21%	7.1	60%	48.98
Jenna Wile	PI	U12	F	15.7	74%	14.8	49%	12.09	22%	1.35	27%	20	38%	0	0%	35.06