

| 9:00 AM | Event #75 | U16 Men K2 | 1000m | Final |
|---------|-----------|--|-------|-------|
| Place | Lane | Name | Club | Time |
| | 1 | Tate Levy / Ben Jones | CH | |
| | 2 | Nicholas LaPierre / Deigo Ramos | MM | |
| | 3 | Nathan Leger / Nicholas Albert | CH | |
| | 4 | Rylan Carrigan / Carter Naugler | PI | |
| | 5 | Braden Lawrence / Owen Macdonald | MA | |
| | 6 | Sam Allison / William Kooyman | CH | |
| | 7 | Ethan Firth / Jackson St-Hilaire | OR | |
| | 8 | Nevo Harel / Andrew Hall | CH | |
| | 9 | Jack Briand / Gavin Clarke | MA | |
| | | | | |
| | | | | |
| 9:06 AM | Event #76 | U16 Men C2 | 1000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Brady Campbell / Cameron Hall | CH | |
| | 2 | Jacob Sampson / Liam MacDonald | SE | |
| | 3 | logan MacNeil / Jack MacNeil | SA | |
| | 4 | Duncan Giles / Ethan Page | SE | |
| | 5 | Aidan Martell / Alex Neaves | MA | |
| | 6 | Ryan Chouinard / Daniel Pike | MM | |
| | 7 | Michael Zinck / Owen White | SE | |
| | 8 | Alexander Hu / Zachary Flynn | MA | |
| | 9 | Matthew Brown / Quintin Bugden | MA | |
| | | | | |
| | | | | |
| 9:12 AM | Event #77 | U16 Women K4 | 1000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Caroline Hilton / Katie Gaudet / Ella Williams / Josie Duffy | CH | |
| | 2 | Sophia Kerr / Sarah Leger / Heidi Brown / Carley Frizzle | CH | |
| | 3 | Ella Taylor / Kiara LeVasseur / Charlotte Hilton / Shane Macmillan | CH | |
| | 4 | Jenna Wile / Maura Macumber / Myah Cacao Ewing / Grace Henderson | MA | |
| | 5 | Sara Gardin / Zahra Celikkanat / Brianna Smith / Claire Casey | MA | |
| | 6 | Mya Cowper / Abigail Page / Moira Malek / Erika Walsh | SE | |
| | 7 | Amelia Frank / Kyanna Hope / Sierra Kelly / Claire Naugler | PI | |
| | 8 | Zoe Townsend / Lyla Boychuk / Olivia Murphy / Maddie McCarthy | BA | |
| | 9 | Ava Woodman / Eva Bruce / Addison Hilden / Elizabeth Eisner | PI | |
| | | | | |
| | | | | |
| 9:18 AM | Event #78 | U16 Women C4 | 1000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | Elise Giles / Kristina Boutilier / Emily MacKenzie / Charlotte MacDonald | MA | |
| | 3 | Olivia Murphy / Ivy Murphy / Flora Mosca / Phoebe Murphy | BA | |
| | 4 | Katie MacMillan / Aleah Lane / Ella Adams / Lucy Van Berkel | MM | |
| | 5 | Amelia Smith / Victoria Tran / Jayden Kendziora / Avalyn Lefebvre | MA | |
| | 6 | Elle MacKenzie / Ella Cozens / Chloe Brake / Marcy Meisner | CH | |
| | 7 | Abigail Campbell / Clara Whytewood / Jenna Lamontagne / Emma Yule | SA | |
| | 8 | Olivia Harrison / Lyla Boychuk / Rachel Smith / Grace Theunissen | BA | |
| | 9 | | | |
| | | | | |
| | | | | |

| 9:28 AM | Event #79 | Open Men K1 | 500m | Final |
|---------|-----------|---------------------------|------|-------|
| Place | Lane | Name | Club | Time |
| | 1 | Austin Cleveland | SA | |
| | 2 | Jacob Steele | MA | |
| | 3 | Paul LaPierre | MM | |
| | 4 | James Erith-Ellwood | SE | |
| | 5 | Xavier LeVasseur | CH | |
| | 6 | Liam Ring | BA | |
| | 7 | Matthew Audas | CH | |
| | 8 | Adam Scott | MM | |
| | 9 | | | |
| | | | | |
| 9:33 AM | Event #80 | Open Men C1 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | Peter Lombardi | SE | |
| | 3 | Mark James | SE | |
| | 4 | Tyler Laidlaw | SA | |
| | 5 | Bret Himmelman | MA | |
| | 6 | Nick Baert | SE | |
| | 7 | Connor McGregor | MM | |
| | 8 | Austin Cleveland | SA | |
| | 9 | | | |
| | | | | |
| 9:38 AM | Event #81 | Open Women K1 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Lilly MacPherson | SA | |
| | 2 | Jessica Hogg | SE | |
| | 3 | Allie Wang | EXH | |
| | 4 | Lily Baert | SE | |
| | 5 | Annah Mbongo | EXH | |
| | 6 | Maren Bradley | EXH | |
| | 7 | Brooklyn Wodehouse | EXH | |
| | 8 | Anna O'Brien | SE | |
| | 9 | Claudine Corteau Godmaire | MM | |
| | | | | |
| 9:43 AM | Event #82 | Open Women C1 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | Maria Halavrezos | SE | |
| | 3 | Enya Pouliot | SA | |
| | 4 | Jessica MacKay | MA | |
| | 5 | Marlee MacIntosh | MA | |
| | 6 | Jenna Marks | SE | |
| | 7 | Olivia Fogarty | SA | |
| | 8 | Maeve LeBlanc | SE | |
| | 9 | | | |
| | | | | |

| Port Break 15 | | | | |
|---------------|-----------|---|------|-------|
| 9:58 AM | Event #83 | U16 Men K4 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Santino Rostek / Alastair Land / Andrew Stevenson / William Townsend | MA | |
| | 2 | Rylan Carrigan / Hayden Dill / Carter Naugler / Xander Woodward | PI | |
| | 3 | Ethan Firth / Braden Reinhardt / Jackson St-Hilaire / Gavin Peddle | OR | |
| | 4 | Braden Lawrence / Owen Macdonald / Gavin Clarke / Jack Briand | MA | |
| | 5 | Nathan Leger / Sam Allison / William Kooyman / Andrew Hall | CH | |
| | 6 | Nicholas Albert / Ben Jones / Tate Levy / Nevo Harel | CH | |
| | 7 | Ewen Whyte / Luc Campbell / Adam Macdonald / William Jennings | MA | |
| | 8 | Ben Robichaud / Neil Rissesco / Aidan Ferguson / Lucas MacLean | SE | |
| | 9 | Simon Daigle / Deigo Ramos / Nicholas LaPierre / Samuel Ruginski | MM | |
| | | | | |
| | | | | |
| 10:03 AM | Event #84 | U16 Men iC4 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | Matthew MacDonald / Jack MacNeil / Liam O'Neill / Geoffrey O'Connell | SA | |
| | 3 | Alec MacAulay / Brady Campbell / Cameron Hall / Evan Deal | CH | |
| | 4 | Alexander Macneil / Alex Neaves / Aidan Martell / Angus Flynn | MA | |
| | 5 | Ethan Page / Duncan Giles / Evan Thom / Jacob Sampson | SE | |
| | 6 | Daniel Pike / Ryan Chouinard / Ty Sutton / Wyatt Deeble | MM | |
| | 7 | Michael Zinck / Owen White / Liam MacDonald / Eli Cowper | SE | |
| | 8 | Brendan Canning / Theo Junaid-MacNeill / Nolen Mitchell / Markus Harrison | BA | |
| | 9 | | | |
| | | | | |
| | | | | |
| 10:08 AM | Event #85 | U16 Women K2 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Moira Malek / Erika Walsh | SE | |
| | 2 | Ivy Murphy / Sarah Johnson | BA | |
| | 3 | Kyanna Hope / Amelia Frank | PI | |
| | 4 | Maura Macumber / Myah Cacao Ewing | MA | |
| | 5 | Brianna Smith / Sara Gardin | MA | |
| | 6 | Jenna Wile / Zahra Celikkanat | MA | |
| | 7 | Mya Cowper / Abigail Page | SE | |
| | 8 | Ella Taylor / Shane Macmillan | CH | |
| | 9 | Charlotte Hilton / Carley Frizzle | CH | |
| | | | | |
| | | | | |
| 10:13 AM | Event #86 | U16 Women C2 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Phoebe Murphy / Rachel Smith | BA | |
| | 2 | Lucy Van Berkel / Ella Adams | MM | |
| | 3 | Mia Fabrizi / Marcy Meisner | CH | |
| | 4 | Abigail Campbell / Emma Yule | SA | |
| | 5 | Amelia Smith / Victoria Tran | MA | |
| | 6 | Jayden Kendziora / Avalyn Lefebvre | MA | |
| | 7 | Anya Cozens / Ella Cozens | CH | |
| | 8 | Elle MacKenzie / Chloe Brake | CH | |
| | 9 | Clara Whyteewood / Jenna Lamontagne | SA | |
| | | | | |
| | | | | |

| 10:18 AM | Event #87 | U18 Men K1 | 500m | Final |
|----------|-----------|---------------------|------|-------|
| Place | Lane | Name | Club | Time |
| | 1 | Rowan Gray | SA | |
| | 2 | David LeBlanc | SE | |
| | 3 | Carson Leslie | MM | |
| | 4 | Craig Johnson | SE | |
| | 5 | Alex Erith-Ellwood | SE | |
| | 6 | Keaton Brown | CH | |
| | 7 | Eli Nowlan | SE | |
| | 8 | Sam Amirault | CH | |
| | 9 | Callum Wheatley | CH | |
| | | | | |
| | | | | |
| 10:23 AM | Event #88 | U18 Men C1 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | | | |
| | 3 | Seamus Cote-Moss | MA | |
| | 4 | Eric Chouinard | MM | |
| | 5 | Matthew Zinck | SE | |
| | 6 | Jai Paliwal | SE | |
| | 7 | Matthew Koch | MA | |
| | 8 | | | |
| | 9 | | | |
| | | | | |
| | | | | |
| 10:28 AM | Event #89 | U18 Women K1 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | Georgia Tousignant | MM | |
| | 3 | Livia Nauss | SE | |
| | 4 | Fiona O'Donnell | SE | |
| | 5 | Raine Myers | MA | |
| | 6 | Molly Rusinak-Short | SE | |
| | 7 | Sophie Bouvette | BA | |
| | 8 | Carly James | OR | |
| | 9 | | | |
| | | | | |
| | | | | |
| 10:33 AM | Event #90 | U18 Women C1 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | | | |
| | 3 | Miranda James | MM | |
| | 4 | Aja Deeble | MM | |
| | 5 | Ava Carew | SE | |
| | 6 | Jacy Grant | CH | |
| | 7 | Sarah Neville | MM | |
| | 8 | Juliette Gunn | BA | |
| | 9 | | | |
| | | | | |
| | | | | |

| Port break 15 | | | | |
|---------------|-----------|--------------------|------|---------|
| 10:48 AM | Event #91 | U16 Men K1 | 500m | Final B |
| Place | Lane | Name | Club | Time |
| | 1 | Jack Briand | MA | |
| | 2 | Nevo Harel | CH | |
| | 3 | Rylan Carrigan | PI | |
| | 4 | Andrew Hall | CH | |
| | 5 | Owen Macdonald | MA | |
| | 6 | Nicholas Albert | CH | |
| | 7 | Hayden Dill | PI | |
| | 8 | Deigo Ramos | MM | |
| | 9 | Conrad Hoogerboord | CH | |
| | | | | |
| | | | | |
| 10:53 AM | Event #92 | U16 Men K1 | 500m | Final A |
| Place | Lane | Name | Club | Time |
| | 1 | William Kooyman | CH | |
| | 2 | Nathan Leger | CH | |
| | 3 | Aidan Ferguson | SE | |
| | 4 | Braden Lawrence | MA | |
| | 5 | Ethan Firth | OR | |
| | 6 | Nicholas LaPierre | MM | |
| | 7 | Sam Allison | CH | |
| | 8 | Carter Naugler | PI | |
| | 9 | Gavin Clarke | MA | |
| | | | | |
| | | | | |
| 10:58 AM | Event #93 | U16 Men C1 | 500m | Final B |
| Place | Lane | Name | Club | Time |
| | 1 | Eli Cowper | SE | |
| | 2 | Joshua Fraser | MA | |
| | 3 | Liam MacDonald | SE | |
| | 4 | Michael Zinck | SE | |
| | 5 | Morgan Wach | OR | |
| | 6 | Matthew MacDonald | SA | |
| | 7 | Matthew Brown | MA | |
| | 8 | Zachary Flynn | MA | |
| | 9 | Tristen Courtney | SE | |
| | | | | |
| | | | | |
| 11:03 AM | Event #94 | U16 Men C1 | 500m | Final A |
| Place | Lane | Name | Club | Time |
| | 1 | Ryan Chouinard | MM | |
| | 2 | Brendan Canning | BA | |
| | 3 | Ethan Page | SE | |
| | 4 | Alexander Macneil | MA | |
| | 5 | Aidan Martell | MA | |
| | 6 | Alex Neaves | MA | |
| | 7 | Daniel Pike | MM | |
| | 8 | Evan Thom | SE | |
| | 9 | Jack MacNeil | SA | |
| | | | | |
| | | | | |

| | | | | |
|----------|-----------|---------------------|------|---------|
| 11:08 AM | Event #95 | U16 Women K1 | 500m | Final B |
| Place | Lane | Name | Club | Time |
| | 1 | Charlotte MacDonald | MA | |
| | 2 | Sarah Leger | CH | |
| | 3 | Sarah Johnson | BA | |
| | 4 | Moira Malek | SE | |
| | 5 | Kyanna Hope | PI | |
| | 6 | Ella Taylor | CH | |
| | 7 | Ava Cacao Ewing | MA | |
| | 8 | Kiara LeVasseur | CH | |
| | 9 | Grace Henderson | MA | |
| | | | | |
| 11:13 AM | Event #96 | U16 Women K1 | 500m | Final A |
| Place | Lane | Name | Club | Time |
| | 1 | Shane Macmillan | CH | |
| | 2 | Abigail Page | SE | |
| | 3 | Sara Gardin | MA | |
| | 4 | Brianna Smith | MA | |
| | 5 | Myah Cacao Ewing | MA | |
| | 6 | Jenna Wile | MA | |
| | 7 | Zahra Celikkanat | MA | |
| | 8 | Maura Macumber | MA | |
| | 9 | Amelia Frank | PI | |
| | | | | |
| 11:18 AM | Event #97 | U16 Women C1 | 500m | Final B |
| Place | Lane | Name | Club | Time |
| | 1 | Aleah Lane | MM | |
| | 2 | Lucy Van Berkel | MM | |
| | 3 | Clara Whytewood | SA | |
| | 4 | Olivia Harrison | BA | |
| | 5 | Anya Cozens | CH | |
| | 6 | Katie MacMillan | MM | |
| | 7 | Elise Giles | MA | |
| | 8 | Emily Mackenzie | MA | |
| | 9 | Phoebe Murphy | BA | |
| | | | | |
| 11:23 AM | Event #98 | U16 Women C1 | 500m | Final A |
| Place | Lane | Name | Club | Time |
| | 1 | Ella Cozens | CH | |
| | 2 | Ella Adams | MM | |
| | 3 | Elle MacKenzie | CH | |
| | 4 | Amelia Smith | MA | |
| | 5 | Jayden Kendziora | MA | |
| | 6 | Victoria Tran | MA | |
| | 7 | Mia Fabrizi | CH | |
| | 8 | Emma Yule | SA | |
| | 9 | Rachel Smith | BA | |
| | | | | |

| 11:33 AM | Event #99 | Open Men K2 | 200m | Final |
|----------|------------|--|------|-------|
| Place | Lane | Name | Club | Time |
| | 1 | Evan Ring / Liam Ring | BA | |
| | 2 | Eli NOWLAN / Craig Johnson | SE | |
| | 3 | Xavier LeVasseur / Matthew Audas | CH | |
| | 4 | Paul LaPierre / Carson Leslie | MM | |
| | 5 | Ian Gaudet / Alex Canning | BA | |
| | 6 | Keaton Brown / Sam Amirault | CH | |
| | 7 | James Erith-Ellwood / Alex Erith-Ellwood | SE | |
| | 8 | Nate Davies / Devin Joy | MM | |
| | 9 | Rowan Gray / Cameron Brown | SA | |
| | | | | |
| | | | | |
| 11:37 AM | Event #100 | Open Men C2 | 200m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Nick Baert / Ethan Page | SE | |
| | 2 | Alex Canning / Brendan Canning | BA | |
| | 3 | Jai Paliwal / Matthew Zinck | SE | |
| | 4 | Eric Chouinard / Connor McGregor | MM | |
| | 5 | Mark James / Peter Lombardi | SE | |
| | 6 | Matthew Koch / Bret Himmelman | MA | |
| | 7 | Seamus Cote-Moss / Alexander Macneil | MA | |
| | 8 | Matthew Pyle / Cole Parsons | BA | |
| | 9 | | | |
| | | | | |
| | | | | |
| 11:41 AM | Event #101 | Open Women K4 | 200m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | Morgan Pugh Toole / Samantha Morse / Maura Macumber / Jenna Wile | MA | |
| | 3 | Norah Legge / Emily Parsons / Sophie Bouvette / Grace Bragg | BA | |
| | 4 | Annah Mbongo / Maren Bradley / Brooklyn Wodehouse / Allie Wang | EXH | |
| | 5 | Lily Baert / Molly Rusinak-Short / Anna O'Brien / Jessica Hogg | SE | |
| | 6 | Anna Negulic / Alexa Irvin / Raine Myers / Zahra Celikkanat | MA | |
| | 7 | Samantha Stein / Jessica Reddin / Lucy MacLeod / Olivia Denman | EXH | |
| | 8 | | | |
| | 9 | | | |
| | | | | |
| | | | | |
| 11:45 AM | Event #102 | Open Women iC4 | 200m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | | | |
| | 3 | | | |
| | 4 | Juliette Gunn / Faith Anderson / Phoebe Murphy / Rachel Smith | BA | |
| | 5 | Jenna Marks / Maria Halavrezos / Ava Carew / Livia Nauss | SE | |
| | 6 | Aja Deeble / Sarah Neville / Ella Adams / Miranda James | MM | |
| | 7 | | | |
| | 8 | | | |
| | 9 | | | |
| | | | | |
| | | | | |

| Lunch Break | | | | |
|-------------|------------|---|------|-------|
| 12:45 PM | Event #103 | Open Men K4 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Austin Cleveland / Morgan Whytewood / Rowan Gray / Cameron Brown | SA | |
| | 2 | Leif Mitchell / Evan Ring / Alex Canning / Jack Hall | BA | |
| | 3 | Craig Johnson / James Erith-Ellwood / Alex Erith-Ellwood / Eli NOWLAN | SE | |
| | 4 | Liam Ring / Cole Parsons / Matthew Pyle / Ian Gaudet | BA | |
| | 5 | Keaton Brown / Xavier LeVasseur / Matthew Audas / Sam Amirault | CH | |
| | 6 | Paul LaPierre / Daniel Clattenburg / Carson Leslie / Devin Joy | MM | |
| | 7 | Braden Lawrence / Jacob Steele / Luke Lee / Gavin Clarke | MA | |
| | 8 | David LeBlanc / Benjamin Carew / Samuel D'Amour / Aidan Ferguson | SE | |
| | 9 | | | |
| | | | | |
| 12:50 PM | Event #104 | Open Men iC4 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | | | |
| | 3 | Eric Chouinard / Connor McGregor / Daniel Pike / Ryan Chouinard | MM | |
| | 4 | Bret Himmelman / Andrew Billard / Alex Neaves / Seamus Cote-Moss | MA | |
| | 5 | Mark James / Nick Baert / Peter Lombardi / Connor Fitzpatrick | SE | |
| | 6 | Jai Paliwal / Matthew Zinck / Evan Thom / Duncan Giles | SE | |
| | 7 | | | |
| | 8 | | | |
| | 9 | | | |
| | | | | |
| 12:55 PM | Event #105 | Open Women K2 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Sophie Bouvette / Sarah Johnson | BA | |
| | 2 | Brianna Smith / Raine Myers | MA | |
| | 3 | Annah Mbongo / Allie Wang | EXH | |
| | 4 | Alexa Irvin / Anna Negulic | MA | |
| | 5 | Lily Baert / Jessica Hogg | SE | |
| | 6 | Anna O'Brien / Natalie Davison | EXH | |
| | 7 | Maren Bradley / Brooklyn Wodehouse | EXH | |
| | 8 | Molly Rusinak-Short / Fiona O'Donnell | SE | |
| | 9 | | | |
| | | | | |
| 1:00 PM | Event #106 | Open Women C2 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | | | |
| | 3 | Juliette Gunn / Faith Anderson | BA | |
| | 4 | Livia Nauss / Ava Carew | SE | |
| | 5 | Jessica MacKay / Victoria Tran | MA | |
| | 6 | Aja Deeble / Miranda James | MM | |
| | 7 | Jenna Marks / Maria Halavrezos | SE | |
| | 8 | Olivia Fogarty / Enya Pouliot | SA | |
| | 9 | | | |
| | | | | |

| Port break 15 | | | | |
|---------------|------------|---|-------|-------|
| 1:15 PM | Event #107 | U16 Men C4 | 1000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Brendan Canning / Theo Junaid-MacNeill / Nolen Mitchell / Markus Harrison | BA | |
| | 2 | Michael Zinck / Owen White / Jacob Sampson / Liam MacDonald | SE | |
| | 3 | Cameron Hall / Brady Campbell / Evan Deal / Alec MacAulay | CH | |
| | 4 | Alex Neaves / Alexander Macneil / Alexander Hu / Aidan Martell | MA | |
| | 5 | Duncan Giles / Ethan Page / Evan Thom / Aidan Ferguson | SE | |
| | 6 | Ryan Chouinard / Daniel Pike / Ty Sutton / Diego Ramos | MM | |
| | 7 | Findley Boyden / Angus Flynn / Zachary Flynn / Quintin Bugden | MA | |
| | 8 | Matthew MacDonald / Liam O'Neill / Jack MacNeil / Geoffrey O'Connell | SA | |
| | 9 | | | |
| | | | | |
| 1:21 PM | Event #108 | U16 Men K4 | 1000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Nicholas LaPierre / Simon Daigle / Deigo Ramos / Samuel Ruginski | MM | |
| | 2 | Ewen Whyte / Luc Campbell / William Jennings / Santino Rostek | MA | |
| | 3 | Ethan Firth / Jackson St-Hilaire / Gavin Peddle / Braden Reinhardt | OR | |
| | 4 | Nathan Leger / Sam Allison / William Kooyman / Andrew Hall | CH | |
| | 5 | Jack Briand / Braden Lawrence / Owen Macdonald / Gavin Clarke | MA | |
| | 6 | Nicholas Albert / Ben Jones / Eugene Legge / conrad hoogerboord | CH | |
| | 7 | Rylan Carrigan / Carter Naugler / Hayden Dill / Patrick Comeau | PI | |
| | 8 | Ben Robichaud / Walton Craig / Neil Rissesco / Lucas MacLean | SE | |
| | 9 | Alastair Land / Joseph Metlej / Andrew Stevenson / William Townsend | MA | |
| | | | | |
| 1:27 PM | Event #109 | U16 Women C2 | 1000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Emily Mackenzie / Elise Giles | MA | |
| | 2 | Phoebe Murphy / Olivia Harrison | BA | |
| | 3 | Lucy Van Berkel / Ella Adams | MM | |
| | 4 | Jayden Kendziora / Avalyn Lefebvre | MA | |
| | 5 | Amelia Smith / Victoria Tran | MA | |
| | 6 | Ella Cozens / Anya Cozens | CH | |
| | 7 | Emma Yule / Abigail Campbell | SA | |
| | 8 | Mia Fabrizi / Marcy Meisner | CH | |
| | 9 | Grace Theunissen / Rachel Smith | BA | |
| | | | | |
| 1:33 PM | Event #110 | U16 Women K2 | 1000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Moira Malek / Erika Walsh | SE | |
| | 2 | Sara Gardin / Claire Casey | MA | |
| | 3 | Amelia Frank / Kyanna Hope | PI | |
| | 4 | Zahra Celikkanat / Myah Cacao Ewing | MA | |
| | 5 | Olivia Murphy / Ivy Murphy | BA | |
| | 6 | Mya Cowper / Abigail Page | SE | |
| | 7 | Jenna Wile / Maura Macumber | MA | |
| | 8 | Ella Taylor / Shane Macmillan | CH | |
| | 9 | Charlotte Hilton / Carley Frizzle | CH | |
| | | | | |

| Port break 15 | | | | |
|---------------|------------|--|------|-------|
| 1:48 PM | Event #111 | Open Men C2 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | | | |
| | 3 | Jai Paliwal / Matthew Zinck | SE | |
| | 4 | Mark James / Peter Lombardi | SE | |
| | 5 | Seamus Cote-Moss / Bret Himmelman | MA | |
| | 6 | Eric Chouinard / Connor McGregor | MM | |
| | 7 | Matthew Koch / Alex Neaves | MA | |
| | 8 | | | |
| | 9 | | | |
| | | | | |
| | | | | |
| 1:53 PM | Event #112 | Open Men K2 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Carson Leslie / Devin Joy | MM | |
| | 2 | Braden Lawrence / Jacob Steele | MA | |
| | 3 | Paul LaPierre / Daniel Clattenburg | MM | |
| | 4 | Craig Johnson / Eli NOWLAN | SE | |
| | 5 | James Erith-Ellwood / Alex Erith-Ellwood | SE | |
| | 6 | Xavier LeVasseur / Matthew Audas | CH | |
| | 7 | Keaton Brown / Callum Wheatley | CH | |
| | 8 | Liam Ring / Matthew Pyle | BA | |
| | 9 | David LeBlanc / Aidan Ferguson | SE | |
| | | | | |
| | | | | |
| 1:58 PM | Event #113 | Open Women iC4 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | | | |
| | 3 | | | |
| | 4 | Juliette Gunn / Faith Anderson / Olivia Harrison / Phoeve Murphy | BA | |
| | 5 | Ava Carew / Maria Halavrezos / Jenna Marks / Livia Nauss | SE | |
| | 6 | Aja Deeble / Sarah Neville / Miranda James / Katie MacMillan | MM | |
| | 7 | | | |
| | 8 | | | |
| | 9 | | | |
| | | | | |
| | | | | |
| 2:03 PM | Event #114 | Open Women K4 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | Samantha Stein / Jessica Reddin / Lucy MacLeod / Olivia Denman | EXH | |
| | 3 | Emily Munroe / Emily Parsons / Sophie Bouvette / Ivy Murphy | BA | |
| | 4 | Annah Mbongo / Allie Wang / Maren Bradley / Brooklyn Wodehouse | EXH | |
| | 5 | Anna O'Brien / Jessica Hogg / Lily Baert / Fiona O'Donnell | SE | |
| | 6 | Brianna Smith / Raine Myers / Alexa Irvin / Anna Negulic | MA | |
| | 7 | | | |
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| Port Break 15 | | | | |
|---------------|------------|--|------|-------|
| 2:18 PM | Event #115 | U16 Men K2 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Jack Briand / Owen Macdonald | MA | |
| | 2 | Rylan Carrigan / Carter Naugler | PI | |
| | 3 | Deigo Ramos / Nicholas LaPierre | MM | |
| | 4 | Sam Allison / William Kooyman | CH | |
| | 5 | Nathan Leger / Nicholas Albert | CH | |
| | 6 | Braden Lawrence / Gavin Clarke | MA | |
| | 7 | Ethan Firth / Braden Reinhardt | OR | |
| | 8 | Nevo Harel / Andrew Hall | CH | |
| | 9 | Tate Levy / Ben Jones | CH | |
| | | | | |
| | | | | |
| 2:23 PM | Event #116 | U16 Men C2 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Morgan Wach / Jackson St-Hilaire | OR | |
| | 2 | Jack MacNeil / Matthew MacDonald | SA | |
| | 3 | Brendan Canning / Nolen Mitchell | BA | |
| | 4 | Aidan Martell / Alexander Macneil | MA | |
| | 5 | Evan Thom / Ethan Page | SE | |
| | 6 | Ryan Chouinard / Daniel Pike | MM | |
| | 7 | Owen White / Michael Zinck | SE | |
| | 8 | Joshua Fraser / Angus Flynn | MA | |
| | 9 | Jacob Sampson / Liam MacDonald | SE | |
| | | | | |
| | | | | |
| 2:28 PM | Event #117 | U16 Women K4 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Ella Yunace / Melayna James / Lauren Leslie / Samantha Chiasson | MM | |
| | 2 | Amelia Frank / Kyanna Hope / Claire Naugler / Ava Woodman | PI | |
| | 3 | Mya Cowper / Abigail Page / Moira Malek / Erika Walsh | SE | |
| | 4 | Ella Taylor / Shane Macmillan / Charlotte Hilton / Kiara LeVasseur | CH | |
| | 5 | Maura Macumber / Sara Gardin / Brianna Smith / Myah Cacao Ewing | MA | |
| | 6 | Ivy Murphy / Sarah Johnson / Olivia Murphy / Maddie McCarthy | BA | |
| | 7 | Jenna Wile / Claire Casey / Zahra Celikkanat / Grace Henderson | MA | |
| | 8 | Heidi Brown / Carley Frizzle / Sophia Kerr / Sarah Leger | CH | |
| | 9 | Sierra Kelly / Eva Bruce / Josephine Hoegg-Chapman / Gabby Rolfe | PI | |
| | | | | |
| | | | | |
| 2:33 PM | Event #118 | U16 Women iC4 | 500m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | | | |
| | 2 | | | |
| | 3 | Olivia Harrison / Faith Anderson / Rachel Smith / Phoebe Murphy | BA | |
| | 4 | Katie MacMillan / Aleah Lane / Lucy Van Berkel / Ella Adams | MM | |
| | 5 | Amelia Smith / Jayden Kendziora / Emily MacKenzie / Victoria Tran | MA | |
| | 6 | Elle MacKenzie / Mia Fabrizi / Chloe Brake / Marcy Meisner | CH | |
| | 7 | Clara Whytewood / Emma Yule / Abigail Campbell / Jenna Lamontagne | SA | |
| | 8 | | | |
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|---------------|------------|---|-------|-------|
| 2:43 PM | Event #119 | Open Men K4 | 200m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Nate Davies / Adam Scott / Nicholas LaPierre / Eric Chouinard | MM | |
| | 2 | Rowan Gray / Braiden Clark / Caleb Gray / Cameron Brown | SA | |
| | 3 | James Erith-Ellwood / Alex Erith-Ellwood / Craig Johnson / Eli NOWLAN | SE | |
| | 4 | Keaton Brown / Xavier LeVasseur / Matthew Audas / Callum Wheatley | CH | |
| | 5 | Matthew Pyle / Liam Ring / Alex Canning / Jack Hall | BA | |
| | 6 | Paul LaPierre / Carson Leslie / Daniel Clattenburg / Devin Joy | MM | |
| | 7 | Cole Parsons / Ian Gaudet / Jeremy MOCK / Lochlin Cranston | BA | |
| | 8 | David LeBlanc / Benjamin Carew / Samuel D'Amour / Aidan Ferguson | SE | |
| | 9 | | | |
| | | | | |
| 2:47 PM | Event #120 | Open Women K2 | 200m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Alexa Irvin / Hadley Frittenburg | EXH | |
| | 2 | Emily Parsons / Ivy Murphy | BA | |
| | 3 | Maren Bradley / Brooklyn Wodehouse | EXH | |
| | 4 | Lily Baert / Jessica Hogg | SE | |
| | 5 | Anna O'Brien / Natalie Davison | EXH | |
| | 6 | Annah Mbongo / Allie Wang | EXH | |
| | 7 | Anna Negulic / Raine Myers | MA | |
| | 8 | Molly Rusinak-Short / Fiona O'Donnell | SE | |
| | 9 | | | |
| | | | | |
| Port Break 15 | | | | |
| 3:02 PM | Event #121 | U16 Mixed C15 | 500m | |
| Place | Lane | Name | Club | Time |
| | 1 | Nick Lamontagne | CH | |
| | 2 | Corey Firth | OR | |
| | 3 | Peter Lombardi | SE | |
| | 4 | Peter Korisanszky | CH | |
| | 5 | Christian Hall | MA | |
| | 6 | Gabrielle Bowman | MM | |
| | 7 | Alex Canning | BA | |
| | 8 | Joshua Nowen | PI | |
| | 9 | Marlee MacIntosh | MA | |
| | | | | |
| Port Break 30 | | | | |
| 3:32 PM | Event #122 | Open Men K1 | 6000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Jacob Steele | MA | |
| | 2 | Alex Canning | BA | |
| | 3 | Craig Johnson | SE | |
| | 4 | Jack Hall | BA | |
| | 5 | Cole Parsons | BA | |
| | 6 | Alex Erith-Ellwood | SE | |
| | 7 | James Erith-Ellwood | SE | |
| | 8 | Liam Ring | BA | |
| | 9 | Benjamin Carew | SE | |
| | 10 | Matthew Pyle | BA | |
| | 11 | David LeBlanc | SE | |

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|---------|------------|-----------------------------|-------|-------|
| | 12 | Eli NOWLAN | SE | |
| | 13 | Evan Ring | BA | |
| | 14 | Rowan Gray | SA | |
| | 15 | Samuel D'Amour | SE | |
| | 16 | Cameron Brown | SA | |
| | 17 | Luke Lee | MA | |
| | 18 | Eric Batten | AB | |
| | 19 | Austin Galliot | OR | |
| | 20 | Lochlin Cranston | BA | |
| | 21 | Austin Cleveland | SA | |
| | | | | |
| | | | | |
| 3:57 PM | Event #123 | Open Men C1 / Open Women K1 | 6000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Natalie Davison | EXH | |
| | 2 | Bret Himmelman | MA | |
| | 3 | Annah Mbongo | EXH | |
| | 4 | Lily Baert | SE | |
| | 5 | Alexa Irvin | MA | |
| | 6 | Tyler Laidlaw | SA | |
| | 7 | Eric Chouinard | MM | |
| | 8 | Maren Bradley | EXH | |
| | 9 | Anna O'Brien | SE | |
| | 22 | Allie Wang | EXH | |
| | 23 | Mark James | SE | |
| | 24 | Nick Baert | SE | |
| | 25 | Brooklyn Wodehouse | EXH | |
| | 26 | Emily Parsons | BA | |
| | 27 | Jessica Hogg | SE | |
| | 28 | Fiona O'Donnell | SE | |
| | 29 | Molly Rusinak-Short | SE | |
| | 30 | Seamus Cote-Moss | MA | |
| | 31 | Matthew Koch | MA | |
| | 32 | Sophie Bouvette | BA | |
| | 33 | Carly James | OR | |
| | 34 | Austin Cleveland | SA | |
| | | | | |
| | | | | |
| 4:02 PM | Event #124 | U16 Men K1 | 6000m | Final |
| Place | Lane | Name | Club | Time |
| | 35 | Ethan Firth | OR | |
| | 36 | Braden Lawrence | MA | |
| | 37 | Sam Allison | CH | |
| | 38 | William Kooyman | CH | |
| | 39 | Nicholas LaPierre | MM | |
| | 40 | Nathan Leger | CH | |
| | 41 | Aidan Ferguson | SE | |
| | 42 | Carter Naugler | PI | |
| | 43 | Rylan Carrigan | PI | |

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| 44 | Owen Macdonald | MA |
| 45 | Nicholas Albert | CH |
| 46 | Andrew Hall | CH |
| 47 | Nevo Harel | CH |
| 48 | Jackson St-Hilaire | OR |
| 49 | Adam Rizwan | CH |
| 50 | Leif Mitchell | BA |
| 51 | Hayden Dill | PI |
| 52 | Gavin Clarke | MA |
| 53 | Jack Briand | MA |
| 54 | Braden Reinhardt | OR |
| 55 | Morgan Whyte | SA |
| 56 | Ben Jones | CH |
| 57 | conrad hoogerboord | CH |
| 58 | Deigo Ramos | MM |
| 59 | Eugene Legge | CH |
| 60 | Ewen Whyte | MA |
| 61 | William Jennings | MA |
| 62 | Tate Levy | CH |
| 63 | Ibrahim Rassi | SA |
| 64 | Luc Campbell | MA |
| 65 | Walton Craig | SE |
| 66 | Gavin Peddle | OR |
| 67 | Bo Lowery | OR |
| 68 | Alistair Land | MA |
| 69 | Ryland Firth | OR |
| 70 | Neil Rissesco | SE |
| 71 | William Townsend | MA |
| 72 | Simon Daigle | MM |
| 73 | Matthew Ferguson | BA |
| 74 | Ben Robichaud | SE |
| 75 | Riley Cuthbert | OR |
| 76 | Santino Rostek | MA |
| 77 | Bruce Patterson | SA |
| 78 | Rowan Eagle | BA |
| 79 | Lucas MacLean | SE |
| 80 | Marcus Lockyer | SE |
| 81 | Finn St-Hilaire | OR |
| 82 | Yonatan Ginovker | MA |
| 83 | Andrew Stevenson | MA |
| 84 | Zachary D'Amour | BA |
| 85 | Vander Tobin | SE |
| 86 | Joseph Cullen | OR |
| 87 | Jack Lafferty | BA |
| 88 | Carter Neal | MA |
| 90 | Émile Gunn | BA |

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|---------|------------|-------------------------|-------|-------|
| | 91 | Ty Courtney | SE | |
| | 92 | Rowan Macarthur | MA | |
| | 93 | Joseph Metlej | MA | |
| | 94 | Jonathan Huntington | SE | |
| | 95 | Luke Boyd | MA | |
| 4:42 PM | Event #125 | U16 Women K1 | 6000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Brianna Smith | MA | |
| | 2 | Myah Cacao Ewing | MA | |
| | 3 | Maura Macumber | MA | |
| | 4 | Sara Gardin | MA | |
| | 5 | Shane Macmillan | CH | |
| | 6 | Jenna Wile | MA | |
| | 7 | Mya Cowper | SE | |
| | 8 | Ella Taylor | CH | |
| | 9 | Abigail Page | SE | |
| | 96 | Kyanna Hope | PI | |
| | 97 | Charlotte Hilton | CH | |
| | 98 | Amelia Frank | PI | |
| | 99 | Claire Casey | MA | |
| | 100 | Moira Malek | SE | |
| | 101 | Kiara LeVasseur | CH | |
| | 102 | Erika Walsh | SE | |
| | 103 | Sophia Kerr | CH | |
| | 104 | Ella Yunace | MM | |
| | 105 | Claire Naugler | PI | |
| | 106 | Sarah Leger | CH | |
| | 107 | Gabrielle Stewart | SE | |
| | 108 | Olivia Murphy | BA | |
| | 109 | Samantha Chiasson | MM | |
| | 110 | Grace Henderson | MA | |
| | 111 | Maddie McCarthy | BA | |
| | 112 | Eva Bruce | PI | |
| | 113 | Ella Williams | CH | |
| | 114 | Charlotte MacDonald | MA | |
| | 115 | Grace Bragg | BA | |
| | 116 | Anna Archibald | BA | |
| | 117 | Addison Hilden | PI | |
| | 118 | Lauren Leslie | MM | |
| | 119 | Bianca Batten | AB | |
| | 120 | Ava Cacao Ewing | MA | |
| | 121 | Josie Duffy | CH | |
| | 122 | Norah Legge | BA | |
| | 123 | Chloe McFarlane | SE | |
| | 124 | Josephine Hoegg-Chapman | PI | |
| | 125 | Hannah Mills | MA | |
| | 126 | Katie Gaudet | CH | |

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|---------|------------|--------------------|-------|-------|
| | 127 | Ashley Carruthers | SA | |
| | 128 | Zoe Townsend | BA | |
| | 129 | Gabby Rolfe | PI | |
| | 130 | Sarah Johnson | BA | |
| | 131 | Cassidy McFarlane | SE | |
| | 132 | Heidi Brown | CH | |
| | 133 | Ava Woodman | PI | |
| | 134 | Naomi Stewart | SE | |
| | 135 | Sierra Kelly | PI | |
| | 136 | Elizabeth Eisner | PI | |
| | | | | |
| | | | | |
| 4:47 PM | Event #126 | U16 Men C1 | 6000m | Final |
| Place | Lane | Name | Club | Time |
| | 137 | Duncan Giles | SE | |
| | 138 | Ethan Page | SE | |
| | 139 | Daniel Pike | MM | |
| | 140 | Aidan Martell | MA | |
| | 141 | Ryan Chouinard | MM | |
| | 142 | Alex Neaves | MA | |
| | 143 | Alexander Macneil | MA | |
| | 144 | Brendan Canning | BA | |
| | 145 | Liam O'Neill | SA | |
| | 146 | Joshua Fraser | MA | |
| | 147 | Morgan Wach | OR | |
| | 148 | Evan Thom | SE | |
| | 149 | Jack MacNeil | SA | |
| | 150 | Tyler Lane | SE | |
| | 151 | Jacob Sampson | SE | |
| | 152 | Matthew MacDonald | SA | |
| | 153 | Michael Zinck | SE | |
| | 154 | Liam MacDonald | SE | |
| | 155 | Angus Flynn | MA | |
| | 156 | Brady Campbell | CH | |
| | 157 | Zachary Flynn | MA | |
| | 158 | Geoffrey O'Connell | SA | |
| | 159 | Owen White | SE | |
| | 160 | Evan Deal | CH | |
| | 161 | Tristen Courtney | SE | |
| | 162 | Matthew Brown | MA | |
| | 163 | Cameron Hall | CH | |
| | 164 | Eli Cowper | SE | |
| | 165 | Alec MacAulay | CH | |
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|---------|------------|------------------|-------|-------|
| 5:27 PM | Event #127 | Open Women C1 | 6000m | Final |
| Place | Lane | Name | Club | Time |
| | 1 | Marlee MacIntosh | MA | |
| | 2 | Ava Carew | SE | |
| | 3 | Jacy Grant | CH | |
| | 4 | Juliette Gunn | BA | |
| | 5 | Enya Pouliot | SA | |
| | 6 | Olivia Fogarty | SA | |
| | | | | |
| | | | | |
| 5:32 PM | Event #128 | U16 Women C1 | 6000m | Final |
| Place | Lane | Name | Club | Time |
| | 166 | Jayden Kendziora | MA | |
| | 167 | Ella Adams | MM | |
| | 168 | Amelia Smith | MA | |
| | 169 | Faith Anderson | BA | |
| | 170 | Elle MacKenzie | CH | |
| | 171 | Victoria Tran | MA | |
| | 172 | Chloe Brake | CH | |
| | 173 | Ella Cozens | CH | |
| | 174 | Abigail Campbell | SA | |
| | 175 | Rachel Smith | BA | |
| | 176 | Emma Yule | SA | |
| | 177 | Anya Cozens | CH | |
| | 178 | Aleah Lane | MM | |
| | 179 | Elise Giles | MA | |
| | 180 | Clara Whytewood | SA | |
| | 181 | Lucy Van Berkel | MM | |
| | 182 | Jenna Lamontagne | SA | |
| | 183 | Olivia Harrison | BA | |
| | 184 | Avalyn Lefebvre | MA | |
| | | | | |

| 6:00 PM | Event # 74 | Open Mixed C15 | 500m | |
|---------|------------|----------------|------|------|
| Place | Lane | Name | Club | Time |
| | 1 | Aidan Ferguson | EXH | |
| | 2 | | | |
| | 3 | Corey Firth | OR | |
| | 4 | Peter Lombardi | SE | |
| | 5 | Christian Hall | MA | |
| | 6 | | | |
| | 7 | Alex Canning | BA | |
| | 9 | | | |