

9:00 AM	Event #1	U14 Men K1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1	Madoc Tobin	SE	
	2	Zachary D'Amour	BA	
	3	Ryland Firth	OR	
	4	William Kooyman	CH	
	5	Nicholas LaPierre	MM	
	6	William Jennings	MA	
	7	Tate Levy	CH	
	8	Lucas MacLean	SE	
	9			
9:07 AM	Event #2	U14 Men K1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1	Rowan Eagle	BA	
	2	Neil Rissesco	SE	
	3	Sam Allison	CH	
	4	Hayden Dill	PI	
	5	Leif Mitchell	BA	
	6	Ben Jones	CH	
	7	Alastair Land	MA	
	8	Simon Daigle	MM	
	9	Marcus Lockyer	SE	
9:14 AM	Event #3	U14 Men K1	1000m	Heat #3
Place	Lane	Name	Club	Time
	1	Max Wood	PI	
	2	Vander Tobin	SE	
	3	Deigo Ramos	MM	
	4	Conrad Hoogerboord	CH	
	5	Rylan Carrigan	PI	
	6	Eugene Legge	CH	
	7	Ben Robichaud	SE	
	8	Andrew Stevenson	MA	
	9	Émile Gunn	BA	
9:21 AM	Event #4	U14 Men K1	1000m	Heat #4
Place	Lane	Name	Club	Time
	1	Oliver Kirkbright	AB	
	2	Samuel Ruginski	MM	
	3	Quinn Martin	MA	
	4	Aidan Beck-Evoy	PI	
	5	Matthew Ferguson	BA	
	6	Ty Courtney	SE	
	7	Finn St-Hilaire	OR	
	8	Ty Beaman	MA	
	9	Scotty O'Keefe	CH	

9:28 AM	Event #5	U14 Men K1	1000m	Heat #5
Place	Lane	Name	Club	Time
	1	Liam Patterson	SA	
	2	Jonathan Huntington	SE	
	3	Bo Lowery	OR	
	4	Benjamin Fisher	PI	
	5	Levi Allen	CH	
	6	Jasckson Heaslip	BA	
	7	Murray Briand	MA	
	8	Ismail Mashaly	CH	
	9	Keaton Pruneau	OR	
9:35 AM	Event #6	U14 Men K1	1000m	Heat #6
Place	Lane	Name	Club	Time
	1			
	2	Linden Khan	BA	
	3	Mark Hall	CH	
	4	Onin Casey-Tanner	MM	
	5	Joseph Metlej	MA	
	6	Corbin Colville	CH	
	7	Adam Kounkes	MA	
	8	Ethan Quigely	CH	
	9			
9:42 AM	Event #7	U14 Men K1	1000m	Heat #7
Place	Lane	Name	Club	Time
	1	Tristan McCullough	BA	
	2	Ben Levit	MA	
	3	Cody Barbrick	CH	
	4	Alex Thompson	BA	
	5	Trent Johansson	AB	
	6	Rowan Macarthur	MA	
	7	Ryan Cormier	BA	
	8	Peter Kirkbright	AB	
	9	Chike Uzochukwu	MA	
9:49 AM	Event #8	U14 Men K1	1000m	Heat #8
Place	Lane	Name	Club	Time
	1			
	2	Ryan Farrell	MM	
	3	Jack Lafferty	BA	
	4	Alex Allain	MA	
	5	Sullivan Lopez	CH	
	6	Sebastian Stoops	OR	
	7	Alan Betts	MA	
	8	Stone Manuel	AB	
	9	Noah Dupuis	BA	

9:56 AM	Event #9	U14 Men K1	1000m	Heat #9
Place	Lane	Name	Club	Time
	1			
	2	Noah Peach	OR	
	3	Cohen Linden Smith	BA	
	4	Christopher Turgeon	CH	
	5	Colby Ryall	MM	
	6	Jack Brown	SE	
	7	Rylan Decoste	BA	
	8	Callum Walsh	MA	
	9			
10:03 AM	Event #10	U14 Men K1	1000m	Heat #10
Place	Lane	Name	Club	Time
	1	Brayden Robinson	BA	
	2	Avery Winters	SE	
	3	James MacKinnon	AB	
	4	Joseph Cullen	OR	
	5	Xavier Jackson	BA	
	6	Josh Habal	AB	
	7	Cayden Bennett	EXH	
	8			
	9			
10:10 AM	Event #11	U14 Women C1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Cora Muise	BA	
	3	Elise Giles	MA	
	4	Chloe Brake	CH	
	5	Amelia Smith	MA	
	6	Ella Cozens	CH	
	7	Clara Whytewood	SA	
	8	Emily Mackenzie	MA	
	9			
10:17 AM	Event #12	U14 Women C1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Olivia Harrison	BA	
	3	Lucy Van Berkel	MM	
	4	Mia Fabrizi	CH	
	5	Victoria Tran	MA	
	6	Julia Snelgrove	BA	
	7	Emma Browne	CH	
	8	Gabrielle Smith	MA	
	9			

10:24 AM	Event #13	U14 Women C1	1000m	Heat #3
Place	Lane	Name	Club	Time
	1			
	2	Avalyn Lefebvre	MA	
	3	Sienna Jones	CH	
	4	Ella Adams	MM	
	5	Elle MacKenzie	CH	
	6	Rachel Smith	BA	
	7	Julianne Tran	MA	
	8	Jenna Lamontagne	SA	
	9			
10:31 AM	Event #14	U14 Men C2	1000m	Heat #1
Place	Lane	Name	Club	Time
	1	Alexander Hu / Dylan Paplinski	MA	
	2	Jacob Sampson / Liam MacDonald	SE	
	3	Brady Campbell / Cameron Hall	CH	
	4	Zachary Flynn / Angus Flynn	MA	
	5	Matthew Brown / Thomas Tran	MA	
	6	Owen White / Michael Zinck	SE	
	7	Geoffrey O'Connell / Matthew MacDonald	SA	
	8	Ryland Neaves / Declan Walsh	MA	
	9	Alec MacAulay / Evan Deal	CH	
10:38 AM	Event #15	U14 Women K2	1000m	Heat #1
Place	Lane	Name	Club	Time
	1	Mary Felix / Olivia MacLean	AB	
	2	Aileigh Coolen / Lillian MacKinnon	BA	
	3	Samantha Chiasson / Lauren Leslie	MM	
	4	Kiara LeVasseur / Ella Taylor	CH	
	5	Jenna Wile / Maura Macumber	MA	
	6	Erika Walsh / Gabrielle Stewart	SE	
	7	Ava Woodman / Sierra Kelly	PI	
	8	Norah Legge / Anna Archibald	BA	
	9	Naomi Stewart / Paige Doody	SE	
10:45 AM	Event #16	U14 Women K2	1000m	Heat #2
Place	Lane	Name	Club	Time
	1	Josephine Hoegg-Chapman / Gabby Rolfe	PI	
	2	Juniper Balch / Zoe Townsend	BA	
	3	Charlotte MacDonald / Grace Henderson	MA	
	4	Moiria Malek / Abigail Page	SE	
	5	Amelia Frank / Kyanna Hope	PI	
	6	Olivia Murphy / Maddie McCarthy	BA	
	7	Heidi Brown / Josie Duffy	CH	
	8	Ava Cacao Ewing / Lainey Bussey	MA	
	9	Mia Gamble / Jenna Zwicker	AB	

10:52 AM	Event #17	U14 Women K2	1000m	Heat #3
Place	Lane	Name	Club	Time
	1	Kayla MacLeod / Katie Riley	AB	
	2	Sophia Kerr / Sarah Leger	CH	
	3	Brooke Dowe / Maci Dobbin	MA	
	4	Addison Hilden / Elizabeth Eisner	PI	
	5	Faith Heaslip / Laodiki Lutwick Campbell	BA	
	6	Min ha Lee / Rachael Barkhouse	AB	
	7	Lily Maclean / Teagan Frizzel	OR	
	8	Winter Dent / Emma Anthony	MA	
	9	Leaha Pitcher / Jorja Frank	PI	
10:59 AM	Event #18	U14 Women K2	1000m	Heat #4
Place	Lane	Name	Club	Time
	1	Gabrielle Smith / Emily Mackenzie	MA	
	2	Lariah Densmore / Hannah Welsh	AB	
	3	Jasmine Wolsey / Katherine Van Dommelen	BA	
	4	Zoe Bugler / Mira Obura	AB	
	5	Ella Williams / Caroline Hilton	CH	
	6	Ella Comeau / Camila Alonso	MA	
	7	Morgan Boudreau / Christine Fawcett	MM	
	8	Callie Baker / Sophia Nadeau	OR	
	9	Ashley Carruthers / Jenna Lamontagne	SA	
11:06 AM	Event #19	U14 Women K2	1000m	Heat #5
Place	Lane	Name	Club	Time
	1	Quinn Kelly / Cynthia Hu	MA	
	2	Chloe McFarlane / Brooklyn Morrissey	SE	
	3	Reese Vautour / Olivia Taylor	AB	
	4	Leah McLean / Anna Rieksts	BA	
	5	Abigail Holm-Laursen / Morgan Levy	AB	
	6	Abbey Conroy / Quinn Blackmore	CH	
	7	Julianne Tran / Gaelle Bousquet	MA	
	8	Marin MacNeil / Payton Cluett	MM	
	9			
11:13 AM	Event #20	U14 Women K2	1000m	Heat #6
Place	Lane	Name	Club	Time
	1			
	2	Vivienne Vassallo / Emma Yu	MA	
	3	Akaysia Loppie / Gabrielle LaPierre	MM	
	4	Leah Barrie / Lydia Muise	AB	
	5	Anna Boychuk / Lyla Boychuk	BA	
	6	Aniela Frystacki / Josie Rowlston	MA	
	7	Sadie Pece / Kate Bourgeois	AB	
	8			
	9			

Port Break 20				
11:33 AM	Event #21	U14 Men C15	500m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2			
	3	Sterling Shannon	OR	
	4	Nikolas Koch	MA	
	5	Peter Korisanszky	CH	
	6	Logan Thom	SE	
	7			
	8			
	9			
11:39 AM	Event #22	U14 Women C4	500m	Heat #1
Place	Lane	Name	Club	Time
	1	Mia Gamble / Bridget Macmillan / Hannah Welsh / Lariah Densmore	AB	
	2	Cynthia Hu / Winter Dent / Josie Rowston / Emma Anthony	MA	
	3	Moira Malek / Abigail Page / Gabrielle Stewart / Erika Walsh	SE	
	4	Ella Adams / Lucy Van Berkel / Samantha Chiasson / Akaysia Loppie	MM	
	5	Victoria Tran / Lainey Bussey / Emmie Wang / Amelia Smith	MA	
	6	Olivia Harrison / Olivia Murphy / Julia Snelgrove / Maddie McCarthy	BA	
	7	Josephine Hoegg-Chapman / Gabby Rolfe / Sierra Kelly / Addison Hilden	PI	
	8	Jenna Lamontagne / Clara Whytewood / Lauren Devlin / Maria Johns	SA	
	9			
11:45 AM	Event #23	U14 Women C4	500m	Heat #2
Place	Lane	Name	Club	Time
	1	Ava Cacao Ewing / Maci Dobbi / Brooke Dowe /Julianne Tran	MA	
	2	Chloe MacFarlane/Brooklyn Morrissey/Paige Doody/Naomi Stewart	SE	
	3	Amelia Frank / Kyanna Hope / Ava Woodman / Elizabeth Eisner	PI	
	4	Rachel Smith / Grace Theunissen / Phoebe Murphy / Cora Muise	BA	
	5	Elle MacKenzie / Sienna Jones / Ella Cozens / Chloe Brake	CH	
	6	Avalyn Lefebvre / Elise Giles / Emily Mackenzie / Gabrielle Smith	MA	
	7	Sadie Pece / Olivia Taylor / Jenna Zwicker / Kate Bourgeois	AB	
	8	Callie Baker / Lily Maclean / Teagan Frizzell / Sophia Nadeau	OR	
	9			
11:51 AM	Event #24	U14 Men K4	500m	Heat #1
Place	Lane	Name	Club	Time
	1	Samuel Ruginski / Colby Ryall / Ryan Farrell / Gavin Garnett	MM	
	2	Jacob Lily / Noah Oliver / Spencer Zabarylo / Geoffrey O'Connell	SA	
	3	William Jennings / Joseph Metlej / Andrew Stevenson / Alastair Land	MA	
	4	Lucas MacLean / Marcus Lockyer / Neil Rissesco / Ben Robichaud	SE	
	5	Sam Allison / William Kooyman / Tate Levy / Ben Jones	CH	
	6	Ryland Firth / Bo Lowery / Joseph Cullen / Finn St-Hilaire	OR	
	7	Matthew Ferguson / Jack Lafferty / Noah Dupuis / Zachary D'Amour	BA	
	8	Adam Kounkes/Rowan Macarthur/Murray Briand/ Quinn Martin	MA	
	9			

11:57 AM	Event #25	U14 Men K4	500m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Ty Beamen/ Chike Uzochukwu/ Callum Walsh/ Ben Levit	MA	
	3	Conrad Hoogerboord / Eugene Legge / Corbin Colville / Mark Hall	CH	
	4	Simon Daigle / Deigo Ramos / Nicholas LaPierre / Onin Casey-Tanner	MM	
	5	Rylan Carrigan / Hayden Dill / Max Wood / Benjamin Fisher	PI	
	6	Leif Mitchell / Émile Gunn / Ryan Cormier / Jасkson Heaslip	BA	
	7	Ty Courtney / Jonathan Huntington / Vander Tobin / Madoc Tobin	SE	
	8	Liam Patterson / Alec MacDonald / Seth McFeters / Matt MacDonald	SA	
	9			
12:03 PM	Event #26	U14 Men K4	500m	Heat #3
Place	Lane	Name	Club	Time
	1			
	2	Rowan Eagle / Alex Thompson / Brayden Robinson / Rylan Decoste	BA	
	3	Bradley Campbell / Sawyer Merkus / Noah Oliver / Blake MacKinnon	SA	
	4	Alan Betts / Declan Walsh / Nolan Walsh / Quinton Land	MA	
	5	Xavier Jackson / Cohen Linden Smith / Linden Khan / Keith Beazley	BA	
	6	Noah Peach / Cayden Bennett / Sebastian Stoops / Keaton Pruneau	OR	
	7	Stone Manuel / Trent Johansson / Min ho Lee / James MacKinnon	AB	
	8	Liam Patterson / Nate Laba / Bruce Patterson / Christopher MacPherson	SA	
	9			
Port break 10				
12:13 PM	Event #27	U14 Women C15	500m	Time
Place	Lane	Name	Club	Time
	1			
	2	Emily Parsons	AB	
	3	Lily Baert	SE	
	4	Maeve LeBlanc	BA	
	5	Marlee MacIntosh	MA	
	6	Peter Korisanszky	CH	
	7	Madeline Smith	MA	
	8			
	9			
Lunch Break				
1:13 PM	Event #28	U14 Men C1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Alexander Hu	MA	
	3	Matthew MacDonald	SA	
	4	Liam MacDonald	SE	
	5	Thomas Tran	MA	
	6	Evan Deal	CH	
	7	Tristen Courtney	SE	
	8	Geoffrey O'Connell	SA	
	9			

1:20 PM	Event #29	U14 Men C1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2			
	3	Alec MacAulay	CH	
	4	Zachary Flynn	MA	
	5	Michael Zinck	SE	
	6	Rylan Carrigan	PI	
	7	Dylan Paplinskie	MA	
	8	Cameron Hall	CH	
	9			
1:27 PM	Event #30	U14 Men C1	1000m	Heat #3
Place	Lane	Name	Club	Time
	1			
	2			
	3	Owen White	SE	
	4	Angus Flynn	MA	
	5	Jacob Sampson	SE	
	6	Matthew Brown	MA	
	7	Brady Campbell	CH	
	8	Ryland Neaves	MA	
	9			
1:34 PM	Event #31	U14 Women K1	1000m	Heat #1
Place	Lane	Name	Club	Time
	1	Ava Cacao Ewing	MA	
	2	Juniper Balch	BA	
	3	Grace Henderson	MA	
	4	Amelia Frank	PI	
	5	Abigail Page	SE	
	6	Maddie McCarthy	BA	
	7	Gabrielle Stewart	SE	
	8	Josie Duffy	CH	
	9	Ava Woodman	PI	
1:41 PM	Event #32	U14 Women K1	1000m	Heat #2
Place	Lane	Name	Club	Time
	1	Aileigh Coolen	BA	
	2	Sierra Kelly	PI	
	3	Lauren Leslie	MM	
	4	Ella Taylor	CH	
	5	Jenna Wile	MA	
	6	Moira Malek	SE	
	7	Kiara LeVasseur	CH	
	8	Faith Heaslip	BA	
	9	Lainey Bussey	MA	
1:48 PM	Event #33	U14 Women K1	1000m	Heat #3



Place	Lane	Name	Club	Time
	1	Charlotte MacDonald	MA	
	2	Olivia Murphy	BA	
	3	Carley Frizzle	CH	
	4	Kyanna Hope	PI	
	5	Maura Macumber	MA	
	6	Erika Walsh	SE	
	7	Samantha Chiasson	MM	
	8	Norah Legge	BA	
	9	Josephine Hoegg-Chapman	PI	
1:55 PM	Event #34	U14 Women K1	1000m	Heat #4
Place	Lane	Name	Club	Time
	1	Min ha Lee	AB	
	2	Maci Dobbin	MA	
	3	Mary Felix	AB	
	4	Gabby Rolfe	PI	
	5	Laodiki Lutwick Campbell	BA	
	6	Addison Hilden	PI	
	7	Ella Comeau	MA	
	8	Callie Baker	OR	
	9			
2:02 PM	Event #35	U14 Women K1	1000m	Heat #5
Place	Lane	Name	Club	Time
	1	Mia Gamble	AB	
	2	Emma Yu	MA	
	3	Katherine Van Dommelen	BA	
	4	Elizabeth Eisner	PI	
	5	Caroline Hilton	CH	
	6	Emma Anthony	MA	
	7	Sophia Kerr	CH	
	8	Aniela Frystacki	MA	
	9	Mary Warford	CH	
2:09 PM	Event #36	U14 Women K1	1000m	Heat #6
Place	Lane	Name	Club	Time
	1	Heidi Brown	CH	
	2	Anna Archibald	BA	
	3	Paige Doody	SE	
	4	Lily Maclean	OR	
	5	Akaysia Loppie	MM	
	6	Leaha Pitcher	PI	
	7	Olivia MacLean	AB	
	8	Zoe Townsend	BA	
	9	Cynthia Hu	MA	

2:16 PM	Event #37	U14 Women K1	1000m	Heat #7
Place	Lane	Name	Club	Time
	1	Vivienne Vassallo	MA	
	2	Gabriela Morash	MM	
	3	Molly O'Driscoll	OR	
	4	Ashley Carruthers	SA	
	5	Julianne Tran	MA	
	6	Sarah Leger	CH	
	7	Rhiannon Allison	BA	
	8	Olivia Taylor	AB	
	9			
2:23 PM	Event #38	U14 Women K1	1000m	Heat #8
Place	Lane	Name	Club	Time
	1	Josie Fillmore	MA	
	2	Quinn Blackmore	CH	
	3	Morgan Boudreau	MM	
	4	Sophia Nadeau	OR	
	5	Brooklyn Morrissey	SE	
	6	Jasmine Wolsey	BA	
	7	Lillian MacKinnon	BA	
	8	Jenna Zwicker	AB	
	9			
2:30 PM	Event #39	U14 Women K1	1000m	Heat #9
Place	Lane	Name	Club	Time
	1	Camila Alonso	MA	
	2	Payton Cluett	MM	
	3	Teagan Frizzell	OR	
	4	Gaelle Bousquet	MA	
	5	Abbey Conroy	CH	
	6	Leah McLean	BA	
	7	Mia Gamble	AB	
	8	Anna Rieksts	BA	
	9			
2:37 PM	Event #40	U14 Women K1	1000m	Heat #10
Place	Lane	Name	Club	Time
	1	Ella Williams	CH	
	2	Brooke Dowe	MA	
	3	Christine Fawcett	MM	
	4	Chloe McFarlane	SE	
	5	Anna Boychuk	BA	
	6	Quinn Kelly	MA	
	7	Winter Dent	MA	
	8	Carmen MacDougall	BA	
	9			

2:44 PM	Event #41	U14 Men K2	1000m	Heat #1
Place	Lane	Name	Club	Time
	1	Geoffrey O'Connell / Liam Patterson	SA	
	2	Rowan Eagle / Xavier Jackson	BA	
	3	Ben Robichaud / Neil Rissesco	SE	
	4	William Kooyman / Ben Jones	CH	
	5	Nicholas LaPierre / Deigo Ramos	MM	
	6	Sam Allison / Eugene Legge	CH	
	7	Benjamin Fisher / Max Wood	PI	
	8	Finn St-Hilaire / Joseph Cullen	OR	
	9	Declan Walsh / Alan Betts	MA	
2:51 PM	Event #42	U14 Men K2	1000m	Heat #2
Place	Lane	Name	Club	Time
	1	Levi Allen / Corbin Colville	CH	
	2	Lucas MacLean / Marcus Lockyer	SE	
	3	Ryland Firth / Bo Lowery	OR	
	4	Tate Levy / Conrad Hoogerboord	CH	
	5	Rylan Carrigan / Hayden Dill	PI	
	6	Alastair Land / William Jennings	MA	
	7	Vander Tobin / Madoc Tobin	SE	
	8	Joseph Metlej / Andrew Stevenson	MA	
	9	Matt MacDonald / Justin Slade	SA	
2:58 PM	Event #43	U14 Men K2	1000m	Heat #3
Place	Lane	Name	Club	Time
	1	Sullivan Lopez / Ismaiel Mashaly	CH	
	2	Seth McFeters / Alec MacDonald	SA	
	3	Simon Daigle / Onin Casey-Tanner	MM	
	4	Trent Johansson / Stone Manuel	AB	
	5	Zachary D'Amour / Émile Gunn	BA	
	6	Chike Uzochukwu / Callum Walsh	MA	
	7	Noah Peach / Cayden Bennett	OR	
	8	Ryan Cormier / Jasckson Heaslip	BA	
	9	Christopher Turgeon / Cody Barbrick	CH	
3:05 PM	Event #44	U14 Men K2	1000m	Heat #4
Place	Lane	Name	Club	Time
	1	Adam Kounkes / Ben Levit	MA	
	2	Spencer Zabarylo / Noah Oliver	SA	
	3	Aidan Beck-Evoy / Xander Woodward	PI	
	4	Ty Courtney / Jonathan Huntington	SE	
	5	Matthew Ferguson / Jack Lafferty	BA	
	6	Ty Beaman / Rowan Macarthur	MA	
	7	James MacKinnon / Oliver Kirkbright	AB	
	8	Samuel Ruginski / Colby Ryall	MM	
	9	Brayden Robinson / Alex Thompson	BA	

3:12 PM	Event #45	U14 Men K2	1000m	Heat #5
Place	Lane	Name	Club	Time
	1	Noah Dupuis / Cohen Linden Smith	BA	
	2	Jacob Lilly / Andrew McCarthy	SA	
	3	Sebastian Stoops / Keaton Pruneau	OR	
	4	Ethan Quigely / Scotty O'Keefe	CH	
	5	Linden Khan / Keith Beazley	BA	
	6	Avery Winters / Joel Lee	SE	
	7	Ryan Farrell / Gavin Garnett	MM	
	8	Murray Briand / Quinn Martin	MA	
	9	Josh Habal / Peter Kirkbright	AB	
3:19 PM	Event #47	U14 Women C2	1000m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2	Cora Muise / Grace Theunissen	BA	
	3	Clara Whytewood / Maria Johns	SA	
	4	Mia Fabrizi / Sienna Jones	CH	
	5	Victoria Tran / Amelia Smith	MA	
	6	Emma Browne / Ella Cozens	CH	
	7	Avalyn Lefebvre / Gabrielle Smith	MA	
	8	Olivia Harrison / Julia Snelgrove	BA	
	9			
3:26 PM	Event #48	U14 Women C2	1000m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2	Chloe MacFarlane/Evelyn Ross	SE	
	3	Emily Mackenzie / Elise Giles	MA	
	4	Lucy Van Berkel / Ella Adams	MM	
	5	Elle MacKenzie / Chloe Brake	CH	
	6	Rachel Smith / Phoebe Murphy	BA	
	7	Jenna Lamontagne / Ashley Carruthers	SA	
	8	Maci Dobbin / Brooke Dowe	MA	
	9			
Short break 20				
3:46 PM	Event #49	U14 Men C4	500m	Heat #1
Place	Lane	Name	Club	Time
	1			
	2			
	3	Tristen Courtney / Neil Rissesco / Ty Courtney / Eli Cowper	SE	
	4	Rylan Carrigan / Hayden Dill / Max Wood / Xander Woodward	PI	
	5	Angus Flynn / Thomas Tran / Matthew Brown / Zachary Flynn	MA	
	6	Onin Casey-Tanner / Colby Ryall / Simon Daigle / Nicholas LaPierre	MM	
	7	Nolen Mitchell / Leif Mitchell / Émile Gunn / Theo Junaid-MacNeill	BA	
	8			
	9			

Time	Event #	Event Name	Distance	Heat
3:52 PM	Event #50	U14 Men C4	500m	Heat #2
Place	Lane	Name	Club	Time
	1			
	2			
	3	Ryland Firth / Joseph Cullen / Noah Peach / Finn St-Hilaire	OR	
	4	Brady Campbell / Alec MacAulay / Evan Deal / Cameron Hall	CH	
	5	Liam MacDonald / Owen White / Jacob Sampson / Michael Zinck	SE	
	6	Dylan Paplinskie / Adam Kounkes / Ryland Neaves / Alexander Hu	MA	
	7	Geoffrey O'Connell / Matthew MacDonald / Spencer Zabarylo / Noah Oliver	SA	
	8			
	9			
3:58 PM	Event #51	U14 Women K4	500m	Heat #1
Place	Lane	Name	Club	Time
	1	Ashley Carruthers / Jenna Lamontagne / Clara Whyte / Maria Johns	SA	
	2	Hannah Welsh / Bridget Macmillan / Olivia Shellnutt / Lariah Densmore	AB	
	3	Lillian MacKinnon / Anna Boychuk / Laodiki Lutwick Campbell / Lyla Boychuk	BA	
	4	Kiara LeVasseur / Ella Taylor / Carley Frizzle / Heidi Brown	CH	
	5	Maura Macumber / Grace Henderson / Charlotte MacDonald / Jenna Wile	MA	
	6	Olivia Murphy / Norah Legge / Maddie McCarthy / Anna Archibald	BA	
	7	Josephine Hoegg-Chapman / Gabby Rolfe / Addison Hilden / Elizabeth Eisner	PI	
	8	Brooklyn Morrissey/Chloe MacFarlane/Paige Doody/Naomi Stewart	SE	
	9	Kate Bourgeois / Sadie Pece / Reese Vautour / Olivia Taylor	AB	
4:04 PM	Event #52	U14 Women K4	500m	Heat #2
Place	Lane	Name	Club	Time
	1	Camilla Alonso / Brooke Dowe / Ella Comeau / Cynthia Hu	MA	
	2	Sophia Kerr / Sarah Leger / Ella Williams / Caroline Hilton	CH	
	3	Mia Gamble / Jenna Zwicker / Olivia MacLean / Mary Felix	AB	
	4	Amelia Frank / Kyanna Hope / Ava Woodman / Sierra Kelly	PI	
	5	Erika Walsh / Gabrielle Stewart / Abigail Page / Moira Malek	SE	
	6	Samantha Chiasson / Lauren Leslie / Akaysia Loppie / Gabriela Morash	MM	
	7	Lainey Bussey / Josie Fillmore / Maci Dobbin / Ava Cacao Ewing	MA	
	8	Rhiannon Allison / Anna Rieksts / Katherine Van Dommelen / Leah McLean	BA	
	9			
4:10 PM	Event #53	U14 Women K4	500m	Heat #3
Place	Lane	Name	Club	Time
	1			
	2	Quinn Kelly / Aniela Frystacki / Elise Giles / Vivienne Vassallo	MA	
	3	Abigail Holm-Lauren/Leah Barrie/Kayla Macleod/Morgan Levy	AB	
	4	Emma Anthony / Winter Dent / Gaelle Bousquet / Emma Yu	MA	
	5	Sophia Nadeau / Lily Maclean / Teagan Frizzell / Callie Baker	OR	
	6	Faith Heaslip / Juniper Balch / Aileigh Coolen / Zoe Townsend	BA	
	7	Morgan Boudreau / Christine Fawcett / Payton Cluett / Marin MacNeil	MM	
	8	Katie Riley / Min ha Lee / Rachael Barkhouse / Zoe Bugler	AB	
	9			

Port break 10				
4:20 PM	Event #54	U14 Mixed C15	500m	Heat #1
Place	Lane	Name	Club	Time
	1	Grace Firth	OR	
	2	Joshua Nowen	PI	
	3	Logan Thom	SE	
	4	Peter Korisanszky	CH	
	5	Christian Hall	MA	
	6	Julia Lilley Osende	MM	
	7	Jacob McKenna	MA	
	8	Ian Feriancek	SA	
	9	Nick Scott	MA	