



Atlantic Division CanoeKayak Canada

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June 16, 2021 COVID Protocols

Dear Commodores & Coaches,

Due to the recent changes to the Covid-19 restrictions by the Department of Public Health, we can now have groups of ten (10) indoors and groups of twenty-five (25) outdoors that can practice non-physical distancing protocols (which means they can be within 2m without masks, etc.). We will be calling these groups “pods”.

All of the cleaning protocols are still in place. This means sanitizing the docks and boats/paddles between each pod if there is sharing.

The following guidelines must be followed by all member clubs:

- All clubs are encouraged to maintain the individuals in each pod as much as possible.
- Contact tracing is the utmost of importance during this next phase. You can use your practice attendance logs as your contact tracing.
- All clubs will ensure that the training groups are a maximum of 25 participants outdoors including coaches if the coach cannot physically distance.
- All clubs are able to use crew boats, C15's and dragon boats within their pods of 25.
- Weight rooms are now at Fifty (50) Percent capacity. We encourage all clubs to use their own protocols for their individual weight rooms.

Since 1956, the ADCKC has supported paddle sport and our member clubs in Atlantic Canada.

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