



## Pan American Canoe Championships Information Package #3

August 1, 2022

Dear National Team Members,

The Pan American Canoe Federation (COPAC), Canoe Kayak Canada (CKC) and the Atlantic Division CanoeKayak Canada (ADCKC) are pleased to welcome you to beautiful Lake Banook in Dartmouth, Nova Scotia for the 2022 Pan American Canoe Sprint Championships.

This Information Package will provide more details with regard to transportation, registration fees, schedules and meetings:

Robin Thomson  
Executive Director  
ADCKC

Mark James  
Technical Director  
ADCKC

### Transportation Information:

#### Airport Shuttles

Airport Shuttles can be booked directly with TJ's Transport Services. They are both an able-bodied and para transport company. The cost for a 5-person van is \$55.00 from the Halifax Airport to any of the hotels listed above. To book this service please contact [Susan Landry](#).

#### Hotels to Racecourse Shuttles (Able-bodied and Para)

Hotels to Racecourse Shuttles will be provided from three hotels to the race course from August 9 - 12, 2022. The schedule is as follows:

##### Able-Bodied

**August 9** - 3 loops with 56 passenger bus starting at 8:00 am ( 8:20, 8:40 for the second and third loops (approximately)) from Holiday Inn, Hampton Inn and Hearthstone to Boathouse Lane

- 3 loops with 56 passenger bus from Boathouse Lane to Hearthstone, Hampton Inn and Holiday Inn at 3:30 pm (3:50 and 4:10 for the second and third loops (approximately))

**August 10** - 2 loops with 56 passenger bus starting at 6:00 am (6:20 for the second loop (approximately)) from Holiday Inn, Hampton Inn and Hearthstone to Boathouse Lane

- 2 loops with 56 passenger bus starting at 8:00 am (8:20 for the second loop (approximately)) from Holiday Inn, Hampton Inn and Hearthstone to Boathouse Lane

- 3 loops with 56 passenger bus from Boathouse Lane to Hearthstone, Hampton Inn and Holiday Inn starting at 3:30 pm (3:50 and 4:10 for the second and third loops (approximately))

**August 11** - 3 loops with 56 passenger bus starting at 8:00 am,(8:20 and 8:40 for the second and third loop (approximately)) from Holiday Inn (John Savage Dr), Hampton Inn and Hearthstone to Boathouse Lane

- 3 loops with 56 passenger bus from Boathouse Lane to Hearthstone, Hampton Inn and Holiday Inn starting at 3:15 pm (3:30 and 3:50 for the second and third loop (approximately))

**August 12** - 3 loops with 56 passenger bus starting at 7:30 am (7:50 and 8:10 for the second and third loop (approximately)) from Holiday Inn, Hampton Inn and Hearthstone to Boathouse Lane

- 3 loops with 56 passenger bus from Boathouse Lane to Hearthstone, Hampton Inn and Holiday Inn starting at 3:00 pm (3:20 and 3:40 for the second and third loop (approximately))

#### **Para**

**August 9** - 2 loops with 14 passenger bus and 11 passenger bus starting at 8:00 am (8:20 for the second loop (approximately)) from Holiday Inn, Hampton Inn and Hearthstone to Boathouse Lane

- 2 loops with 14 passenger bus and 11 passenger bus from Boathouse Lane to Hearthstone, Hampton Inn and Holiday Inn starting at 3:30 pm (3:50 for the second loop (approximately))

**August 10** - 2 loops with 14 passenger bus and 11 passenger bus starting at 11:00 am (11:20 for the second loop (approximately)) from Holiday Inn, Hampton Inn and Hearthstone to Boathouse Lane

- 2 loops with 14 passenger bus and 11 passenger bus from Boathouse Lane to Hearthstone, Hampton Inn and Holiday Inn starting at 3:30 pm (3:50 for the second loop (approximately))

**August 11** - 2 loops with 14 passenger bus and 11 passenger bus starting at 8:00 am,(8:20 for the second loop (approximately)) from Holiday Inn, Hampton Inn and Hearthstone to Boathouse Lane

- 2 loops with 14 passenger bus and 11 passenger bus from Boathouse Lane to Hearthstone, Hampton Inn and Holiday Inn starting at 4:10 pm (4:30 for the second loop (approximately))

**August 12** - 2 loops with 14 passenger bus and 11 passenger bus starting at 11:15 am (11:35 for the second loop (approximately)) from Holiday Inn, Hampton Inn and Hearthstone to Boathouse Lane

- 2 loops with 14 passenger bus and 11 passenger bus from Boathouse Lane to Hearthstone, Hampton Inn and Holiday Inn starting at 3:00 pm (3:20 for the second loop (approximately))

#### **Participation Fee:**

The participation fee for the Pan American Championships will be \$35.00 CAD invoiced to each nation. Please watch for your invoices. Every nation has been emailed its invoice.

#### **Draw:**

The final draw is now available. It can be found in Appendix A of this document.

#### **Pre-Competition Boat Control:**

Boat Control will be open on August 9, 2022, from 10:00 am - 12:00 pm and 1:00 - 3:00 pm.

**Start Gate Practice:**

Start Gate Practice will take place on August 9, 2022, from 1:00 - 2:00 pm

**Team Leaders Meeting:**

The Team Leaders Meeting will take place on August 9, 2022, from 1:30 - 2:30 at the Mic Mac Aquatic Club (192 Prince Albert Road, Dartmouth, NS)

**For More Information / Questions, Contact:**

Robin Thomson  
Executive Director  
Atlantic Division CanoeKayak Canada  
[robin@adckc.ca](mailto:robin@adckc.ca)  
902 466 9925

## APPENDIX A - Competition Schedule

August 10 - Day 1				August 11 - Day 2				August 12 - Day 3			
8:00 AM	MK4	500m	Final	10:00 AM	MC1	1000m	Heat 1	9:30 AM	MC1	500m	Heat 1
8:10 AM	WK4	500m	Final	10:07 AM	MC1	1000m	Heat 2	9:35 AM	MC1	500m	Heat 2
				10:14 AM	MK1	1000m	Heat 1	9:40 AM	MK1	500m	Heat 1
BREAK				10:21 AM	MK1	1000m	Heat 2	9:45 AM	MK1	500m	Heat 2
								9:50 AM	WC1	500m	Heat 1
10:00 AM	MC2	500m	Heat 1	10:35 AM	WK1	500m	Heat 1	9:55 AM	WC1	500m	Heat 2
10:05 AM	MC2	500m	Heat 2	10:40 AM	WK1	500m	Heat 2				
10:10 AM	WC2	500m	Heat 1					10:10 AM	WK1	1000m	Heat 1
10:15 AM	WC2	500m	Heat 2	10:55 AM	WC1	200m	Heat 1	10:17 AM	WK1	1000m	Heat 2
10:20 AM	MK2	500m	Heat 1	11:00 AM	WC1	200m	Heat 2				
10:25 AM	MK2	500m	Heat 2	11:05 AM	WKL1	200m	Final	BREAK			
10:30 AM	WK2	500m	Heat 1	11:10 AM	MVL1	200m	Final				
10:35 AM	WK2	500m	Heat 2	11:15 AM	MVL2	200m	Final	11:30 AM	MC1	500m	Semi 1
								11:35 AM	MC1	500m	Semi 2
BREAK				BREAK				11:40 AM	MK1	500m	Semi 1
								11:45 AM	MK1	500m	Semi 2
12:00 PM	MC2	500m	Semi 1	12:00 PM	MC1	1000m	Semi 1	11:50 AM	WC1	500m	Semi 1
12:05 PM	MC2	500m	Semi 2	12:07 PM	MC1	1000m	Semi 2	11:55 AM	WC1	500m	Semi 2
12:10 PM	WC2	500m	Semi 1	12:14 PM	MK1	1000m	Semi 1				
12:15 PM	WC2	500m	Semi 2	12:21 PM	MK1	1000m	Semi 2	12:10 PM	WK1	1000m	Semi 1
12:20 PM	MK2	500m	Semi 1					12:17 PM	WK1	1000m	Semi 2
12:25 PM	MK2	500m	Semi 2	12:35 PM	WK1	500m	Semi 1				
12:30 PM	WK2	500m	Semi 1	12:40 PM	WK1	500m	Semi 2	LUNCH			
12:35 PM	WK2	500m	Semi 2								
				12:55 PM	WC1	200m	Semi 1	1:30 PM	MC1	500m	Final B
LUNCH				1:00 PM	WC1	200m	Semi 2	1:35 PM	MC1	500m	Final A
				1:05 PM	MKL3	200m	Final	1:40 PM	MK1	500m	Final B
2:00 PM	MC2	500m	Final B	1:10 PM	WVL2	200m	Final	1:45 PM	MK1	500m	Final A
2:05 PM	MC2	500m	Final A					1:50 PM	WC1	500m	Final B
2:10 PM	WC2	500m	Final B	LUNCH				1:55 PM	WC1	500m	Final A
2:15 PM	WC2	500m	Final A								
2:20 PM	MK2	500m	Final B	2:00 PM	MC1	1000m	Final B	2:10 PM	WK1	1000m	Final B
2:25 PM	MK2	500m	Final A	2:07 PM	MC1	1000m	Final A	2:17 PM	WK1	1000m	Final A
2:30 PM	WK2	500m	Final B	2:14 PM	MK1	1000m	Final B				
2:35 PM	WK2	500m	Final A	2:21 PM	MK1	1000m	Final A				
2:50 PM	MKL2	200m	Final	2:35 PM	WK1	500m	Final B				
2:55 PM	WVL3	200m	Final	2:40 PM	WK1	500m	Final A				
3:00 PM	MKL1	200m	Final								
3:05 PM	MVL3	200m	Final	2:55 PM	WC1	200m	Final B				
				3:00 PM	WC1	200m	Final A				
				3:05 PM	WKL2	200m	Final				
				3:10 PM	MVL3	200m	Final				
				3:15 PM	WKL3	200m	Final				
				3:20 PM	WVL1	200m	Final				



